



Renal Palliative Care Symposium

TIME	PROGRAM OUTLINE	SPEAKER
0830-0900	Registration	<i>Chairperson for the day is Dr Shelley Tranter</i>
0900-0915	Opening address	Prof Mark Brown Director of the St George and Sutherland Renal service
0915-0945	Treatment of advanced renal disease – patho, trajectory, numbers and treatment options	A/Prof George Mangos Renal Consultant St George Hospital
0945-1015	The marriage of palliative care and renal medicine	Dr Frank Brennan Palliative Care Consultant: Calvary and St George Hospital
1015-1045	First Steps the barriers and the challenges	Dr Frank Brennan
1045-1115	Morning tea	
1115-1145	The Victorian Renal Pallcare experience	Ms Fiona Spargo Project Officer - Renal Conservative Care (Royal Melbourne Hospital)
1145- 1215	The renal palliative care (Supportive Care) clinic	Dr Shelley Tranter Renal Clinical Nurse Consultant, St George Hospital
1215-1245	Renal pallcare medication guidelines	Dr Frank Brennan (using Andrew Broadbent's presentation)
1245-1315	Lunch	
1315-1345	Renal pallcare in indigenous patients	Ms Sue Stewart Project Officer, Palliative Care for Renal Clients Living in a Remote Setting, NT
1345-1415	Psycho social considerations	Ms Anastasia Anastasiou Social Worker, St George Hospital
1415-1445	Symptom management in CKD patients	Dr Frank Brennan
1445-1500	Afternoon tea	
1500-1615	Panel discussion – where to from here?	Facilitator : Prof Mark Brown
1615-1630	Evaluation and close	Chairperson: Dr Shelley Tranter

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Guest Speaker Biographies

Professor Mark A Brown

Professor Brown is a Renal and Obstetric Medicine Physician at St George Hospital and Professor of Renal Medicine at the University of New South Wales, Sydney Australia. His clinical activities include general nephrology with specific interests in the fields of obstetric medicine, renal palliative care, transplantation and hypertension, including hypertension in pregnancy and ambulatory blood pressure monitoring. Research activities have centred on scientific and clinical studies concerning hypertension and renal disease in pregnancy, with publication of several book chapters and over 160 peer review papers. Professor Brown is currently Director of the St George and Sutherland Renal service, Sydney, Australia, and Chairman of the St George Hospital Clinical Advisory Committee.

Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. Dr Brennan is also a lawyer and has written on the human rights dimensions of pain management and palliative care.

Fiona Spargo

Fiona has recently been employed by Melbourne Health to investigate the needs of conservatively managed renal failure patients. In Victoria, there are currently no guidelines for the management of these patients, and Melbourne Health in conjunction with the Renal Health Clinical Network saw a need to develop such care guidelines. Fiona was employed in a project officer role for this initiative in February 2010. Originally from Dublin, Ireland, Fiona graduated from the University of Glasgow, Scotland, in 2003 with a Masters degree in Physiology and then went on to further postgraduate study in the area of muscle physiology (cell signalling) and type 2 diabetes at RMIT University in Melbourne.

Ms Sue Stewart (Northern Territory Government, Dept Health and Families)

Suzanne's background includes 11 Years with the RAAF and four years with NT Oral Health Services where she was instrumental in improving delivery of dental service to chronic disease clients in remote communities throughout the NT.

Suzanne undertook management of the Palliative Care for Renal Clients Living in a Remote Setting project which was funded by the Australian government through the Dept of health & Ageing and commenced in 2007.

The project objectives were to determine the palliative care options and pathways for end stage renal disease clients that wish to remain in their community for palliative care and for those clients already on dialysis "in town" that wish to return home to their communities to "pass away". A secondary outcome was to develop a set of models and approaches that can be applied to other chronic disease groups such as cardiac and COAD.

Dr Shelley Tranter

Shelley has over 30 years renal experience and has been closely involved in the integration of palliative care and renal medicine at St George. Shelley is currently conducting a project with the NSW Health Nursing and Midwifery Office but her day job is CNC for the St George and Sutherland Renal Service.

Anastasia Anastasiou

Anastasia is a renal social worker at St George Hospital. She has extensively developed the social work service with the renal unit and has facilitated carers workshops and support groups. Anastasia has had a special interest in advanced care planning and renal palliative care with a focus of psychosocial care.

Associate Professor George Mangos

A/Professor George Mangos is a Renal and Obstetric Physician at St George Hospital and A/Professor of Medicine at UNSW. He has interests in hypertension, renovascular disease and the evolving interventional practice of nephrology. He has been active in developing curricula for undergraduates in medicine at UNSW and for post-graduate Australasian nephrology trainees. Recently he chaired the CARI (Caring for Australians with Renal Impairment) guidelines group and with his colleagues published the first set of guidelines on the management of renovascular disease by any national renal group world wide. He enjoys attending the gym, watching South Sydney Rabbitohs, and has hobbies including electronics and model aircraft.