

10th St George Hospital
Renal Supportive Care Symposium

Nephrology: Ethics, Law and Moral Distress

Thursday August 1st and Friday August 2nd 2019
St George Hospital Research and Education Building
4-10 South St, Kogarah NSW 2217
<https://stgrenal.org.au/news-events>

Thursday-Day 1: 12:00 – 4:00pm

TIME	PROGRAM OUTLINE <i>Thursday 1st August 2019</i>	SPEAKER
1130-1200	Registration	
1200-1210	Welcome, Opening Address & Acknowledgement of Country	George Mangos Head of Nephrology, St George Hospital TBC AHLO SESLHD
1210-1230	Setting the Scene – What’s new in RSC	Mark Brown Renal Consultant, St George Hospital; Professor of Medicine, UNSW
1230-1315	Symptom Management	Frank Brennan Palliative Care Consultant, St George Hospital
1315 - 1340	Symptom control in Dialysis patients	Amanda Siriwardana RSC Fellow, Royal North Shore Hospital
1340-1400	Symptom Management - Taste	Frank Brennan Palliative Care Consultant, St George Hospital
1400-1430	Afternoon Tea	
1430-1500	Frailty and Malnutrition in advanced CKD	Su Bahceci RSC Dietitian, St George Hospital
1500-1530	Palliative Nutrition	Jodie Ellis – Dietitian, Calvary Hospital
1530-1600	Interactive Question and Answer session/ Conclusion	

Proudly Supported By:



Speaker Biographies

Prof George Mangos

Professor Mangos is the Head of Nephrology at St George Hospital.

Professor Mark Brown

Professor Brown is a Renal and Obstetric Medicine Physician at St George Hospital and Professor of Renal Medicine at the University of New South Wales, Sydney Australia. His clinical expertise includes, general nephrology with specific interests in the fields of obstetric medicine, renal palliative care and hypertension, including hypertension in pregnancy. Research domains have centred on scientific and clinical studies concerning hypertension and renal disease in pregnancy and more recently renal supportive care, with publication of several book chapters and over 200 peer review papers. Professor Brown is currently the Medical Director, Division of Medicine, St George Hospital, Sydney, Australia, and a recipient of an Order of Australia award in 2018.

Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. Dr Brennan is also a lawyer and has written on the human rights dimensions of pain management and palliative care.

Amanda Siriwardana

Su Bahceci

Jodie Ellis

Dr Jodie Ellis is an Accredited Practicing Dietitian with 16 years' experience working in palliative care. Jodie is the Head of Department for Dietetics, Speech Pathology and Psychology at Calvary Health Care Kogarah and works with patients with malignant and non-malignant conditions. Jodie regularly undertakes research within palliative care, aiming to further best practice and patient centred care.

Jodie is passionate about the influence of nutrition impact symptoms on quality of life and the effect changes in oral intake have on social interactions and relationships. Her PhD investigated the psychosocial impact of food and nutrition in terminal palliative care patients and she is furthering this, investigating changes in intake at the end of life.

Renal Supportive Care Symposium

Nephrology: Ethics, Law and Moral Distress

Friday-Day 2: 9:00 – 4:30pm

TIME	PROGRAM OUTLINE <i>Friday 2nd August 2019</i>	SPEAKER
0830-0900	Registration	
0900-0910	Welcome, Opening Address & Acknowledgement of Country	Elizabeth Josland RSC CNC, St George Hospital Samantha Knight-Gifford AHLO SESLHD
0910-0940	My Experiences and Satisfaction with Kidney Care	Jaqui Hughes Nephrologist, Royal Darwin Hospital
0940-1010	Overview of ACP, legislation of ACP, outcomes of patients who died in hospital	Kelly Li Nephrologist, St George Hospital
1010 - 1045	Communication workshop for Nephrologists	Elizabeth Stallworthy Nephrologist, Auckland Hospital
1045-1115	Morning Tea	
1115-1200	Moral Distress in Nephrology	Kathryn DuCharlet Nephrologist, St Vincent's Hospital, Melbourne Jenny Burman RSC CNC, Concord Hospital
1200-1215	Moral Distress- Expert commentary	Christine Sanderson Palliative Care Physician
1215-1245	Self-care in Moral Distress	Hannah Burgess RSC Social Worker, St George Hospital
1245-1330	Lunch	
1330-1415	Law & Medicine Informed consent and dialysis withdrawal	Cameron Stuart Lawyer, Sydney University
1415-1445	Ethics: Withholding and Withdrawal	Linda Sheehan Palliative Care Physician and Clinical Bioethicist, St George Hospital
1445-1515	Afternoon Tea	
1515-1615	Moral distress / Ethics – Q and A panel with audience participation	Chaired by Frank Brennan *Panel to include nephrologist, nurse, allied health, palliative care physician
1615-1630	Summation	

Proudly Supported By:



Speaker Biographies

Dr Jaqui Hughes

Dr Jaquelyne Hughes is a Torres Strait Islander woman. Her family come from Mabuiag Island in the near west Torres Strait. She works as nephrologist at Royal Darwin Hospital and Senior Research Fellow at Menzies School of Health Research in Darwin. She trained in Nephrology at Prince of Wales Hospital, Wollongong Hospital and St George Hospital during 2005-2007, and then relocated for her PhD study in Darwin. Her professional contribution to Australian nephrology include: An elected Council member of the AZNSN (2014-18); Appointed Convener ANZDATA Indigenous Health Working Group; Expert panel member of the Transplant Society of Australia and New Zealand Improving Aboriginal and Torres Strait Islander Access to and Outcomes from Kidney Transplantation; Australian co-convenor of the KHA-CARI technical writing group for the Management of Chronic Kidney Disease in Aboriginal and Torres Strait Islander peoples and Maori. She is the clinical lead for the New Start Dialysis Transition Clinic, and leads the patient-engagement portfolio in the Top-End Renal Service.

Dr Kelly Li

Liz Stallworthy

Dr Kathryn DuCharlet

Christine Sanderson

Hannah Burgess

Prof Cameron Stewart

Dr Linda Sheahan

Dr Linda Sheahan is a palliative Care physician, and works as a Staff Specialist at St George Hospital. She also holds a Fellowship in Clinical and Organisational Ethics from the Joint Centre for Bioethics in Toronto, and is the Clinical Ethics Consultant for the South East Sydney Local Health District. She is an affiliated bioethicist with the JCB, and an Honorary Associate with the University of Sydney as a member of the Clinical Ethics Network.

Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. Dr Brennan is also a lawyer and has written on the human rights dimensions of pain management and palliative care.