

10th St George Hospital
Renal Supportive Care Symposium

Nephrology: Ethics, Law and Moral Distress

Thursday August 1st and Friday August 2nd 2019
St George Hospital Research and Education Building
4-10 South St, Kogarah NSW 2217
<https://stgrenal.org.au/news-events>

Thursday-Day 1: 12:00 – 4:00pm

| TIME | PROGRAM OUTLINE <i>Thursday 1st August 2019</i> | SPEAKER |
|-------------|---|--|
| 1130-1200 | Registration | |
| 1200-1210 | Welcome, Opening Address & Acknowledgement of Country | George Mangos Head of Nephrology, St George Hospital TBC AHLO SESLHD |
| 1210-1230 | Setting the Scene – What’s new in RSC | Mark Brown Renal Consultant, St George Hospital; Professor of Medicine, UNSW |
| 1230-1315 | Symptom Management | Frank Brennan Palliative Care Consultant, St George Hospital |
| 1315 - 1340 | Symptom control in Dialysis patients | Amanda Siriwardana RSC Fellow, Royal North Shore Hospital |
| 1340-1400 | Symptom Management - Taste | Frank Brennan Palliative Care Consultant, St George Hospital |
| 1400-1430 | Afternoon Tea | |
| 1430-1500 | Frailty and Malnutrition in advanced CKD | Su Bahceci RSC Dietitian, St George Hospital |
| 1500-1530 | Palliative Nutrition | Jodie Ellis – Dietitian, Calvary Hospital |
| 1530-1600 | Interactive Question and Answer session/ Conclusion | |

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Speaker Biographies

Prof George Mangos

Professor Mangos is the Head of Nephrology at St George Hospital.

Prof Mark Brown

Professor Brown is a Senior Staff Nephrologist and Obstetric Medicine Physician at St George Hospital and Professor of Renal Medicine at the University of New South Wales, Sydney Australia. His clinical activities include general nephrology with specific interests in the fields of obstetric medicine and hypertension in pregnancy as well as renal supportive care and health for the homeless. He is Medical Director of the Division of Medicine at St George hospital where he leads research into the hypertensive disorders of pregnancy as well as the Renal Supportive Care team, developing research and clinic practice changes for non-dialysis patients with end stage kidney disease. He has published several book chapters and over 250 peer review papers and received several awards for his work including an Order of Australia award and the ISSHP Chesley award in 2018.

Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals and a Conjoint Senior Lecturer, University of New South Wales. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. He is involved in medical education, has been an Examiner for the Royal Australasian College of Physicians and has taught medical students, junior doctors and registrars. He has also been invited to present multiple international education workshops. He is a current Board member of the Worldwide Hospice Palliative Care Alliance. He is also a lawyer and has written on the human rights dimensions of pain management and palliative care and has published over 350 peer reviewed papers and book chapters.

Dr Amanda Siriwardana

Su Bahceci

Jodie Ellis

Dr Jodie Ellis is an Accredited Practicing Dietitian with 16 years' experience working in palliative care. Jodie is the Head of Department for Dietetics, Speech Pathology and Psychology at Calvary Health Care Kogarah and works with patients with malignant and non-malignant conditions. Jodie regularly undertakes research within palliative care, aiming to further best practice and patient centred care. Jodie is passionate about the influence of nutrition impact symptoms on quality of life and the effect changes in oral intake have on social interactions and relationships. Her PhD investigated the psychosocial impact of food and nutrition in terminal palliative care patients and she is furthering this, investigating changes in intake at the end of life.

Renal Supportive Care Symposium

Nephrology: Ethics, Law and Moral Distress

Friday-Day 2: 9:00 – 4:30pm

| TIME | PROGRAM OUTLINE <i>Friday 2nd August 2019</i> | SPEAKER |
|-------------|---|--|
| 0830-0900 | Registration | |
| 0900-0910 | Welcome, Opening Address & Acknowledgement of Country | Elizabeth Josland RSC CNC, St George Hospital Samantha Knight-Gifford AHLO SESLHD |
| 0910-0940 | My Experiences and Satisfaction with Kidney Care | Jaquelyne Hughes Nephrologist, Royal Darwin Hospital |
| 940-1020 | Moral Distress in Nephrology | Kathryn DuCharlet Nephrologist, St Vincent's Hospital, Melbourne Jenny Burman RSC CNC, Concord Hospital |
| 1020-1035 | Moral Distress- Expert commentary | Christine Sanderson Palliative Care Physician |
| 1035-1055 | Self-care in Moral Distress | Hannah Burgess RSC Social Worker, St George Hospital |
| 1055-1110 | Morning Tea | |
| 1110-1130 | Overview of ACP, outcomes of patients who died in hospital | Kelly Li Nephrologist, St George Hospital |
| 1130 - 1245 | Teaching communication skills for nephrology | Liz Stallworthy Nephrologist, Auckland Hospital |
| 1245-1330 | Lunch | |
| 1330-1415 | Law & Medicine Informed consent and dialysis withdrawal | Cameron Stewart Lawyer, Sydney University |
| 1415-1445 | Ethics: Withholding and Withdrawal | Linda Sheahan Palliative Care Physician and Clinical Bioethicist, St George Hospital |
| 1445-1515 | Afternoon Tea | |
| 1515-1615 | Moral distress / Ethics – Q and A panel with audience participation | Chaired by Frank Brennan *Panel to include nephrologist, nurse, allied health, palliative care physician |
| 1615-1630 | Summation | |

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Speaker Biographies

Dr Jaquelyne Hughes

Dr Jaquelyne Hughes is a Torres Strait Islander woman. Her family come from Mabuiag Island in the near west Torres Strait. She works as nephrologist at Royal Darwin Hospital and Senior Research Fellow at Menzies School of Health Research in Darwin. She trained in Nephrology at Prince of Wales Hospital, Wollongong Hospital and St George Hospital during 2005-2007, and then relocated for her PhD study in Darwin. Her professional contribution to Australian nephrology include: An elected Council member of the AZNSN (2014-18); Appointed Convener ANZDATA Indigenous Health Working Group; Expert panel member of the Transplant Society of Australia and New Zealand Improving Aboriginal and Torres Strait Islander Access to and Outcomes from Kidney Transplantation; Australian co-convener of the KHA-CARI technical writing group for the Management of Chronic Kidney Disease in Aboriginal and Torres Strait Islander peoples and Maori. She is the clinical lead for the New Start Dialysis Transition Clinic, and leads the patient-engagement portfolio in the Top-End Renal Service.

Dr Kelly Li

Kelly is a nephrologist working at St George Hospital and has undertaken dual training as a palliative care physician. She has an interest renal supportive care, medical ethics, and communication skills in the healthcare setting.

Dr Liz Stallworthy

Liz Stallworthy is a Nephrologist in Auckland, New Zealand. She included time in palliative care in her Nephrology training and completed the RACP Clinical Diploma in Palliative Care in 2012. Liz runs a Renal Supportive Care Clinic for patients in the central Auckland region. Liz is also a trained communication skills course facilitator and works for the New Zealand Advance Care Planning Co-operative facilitating their level 2 Advance Care Planning courses nationwide. She is involved in a Nephrology-specific, multi-professional communication skills course currently being piloted in New Zealand. Liz wrote the Advance Care Planning section of the ANZSN position statement on Renal Supportive Care.

Dr Kathryn DuCharlet

Kathryn is a nephrologist at St Vincent's Hospital Melbourne with research and clinical interests in palliative care and supportive care. In addition to her medical degree she also has a bachelor of commerce (economics) and science (psychology). Kathryn is currently completing a PhD with Melbourne University aiming to understand renal clinician's perspectives and experiences of end of life care, renal supportive care and palliative care.

Dr Christine Sanderson

Christine Sanderson is a palliative medicine physician who is currently working in Alice Springs, but has had extensive experience in palliative care in Sydney, as well as in rural and regional settings around Australia. Prior to doing palliative medicine she was trained in sociology and public health. Christine has been actively involved in clinical trials in palliative care, with a particular interest in delirium, and established the clinical trials unit at Calvary Health Care Kogarah as part of the Palliative Care Clinical Studies Collaborative. She is currently undertaking a PhD on the topic of moral distress in health care teams in relation to end of life decision-making.

Hannah Burgess

Hannah is a Renal Supportive Care Social Worker at St George Hospital, Sydney. Her role provides mentoring and support to other units implementing their own Renal Supportive Care programs. Hannah is a member of the ACI Renal Supportive Care Working Party, the Palliative Care Social Workers of NSW Special Interest Group, and co-chairs the Renal Social Workers of NSW Special Interest Group. Hannah is co-author of articles on the Renal Memorial Service, the Scope of Renal Social Workers across Australia, and Informed Consent in the renal context.

Prof Cameron Stewart

Dr Linda Sheahan

Dr Linda Sheahan is a palliative Care physician, and works as a Staff Specialist at St George Hospital. She also holds a Fellowship in Clinical and Organisational Ethics from the Joint Centre for Bioethics in Toronto, and is the Clinical Ethics Consultant for the South East Sydney Local Health District. She is an affiliated bioethicist with the JCB, and an Honorary Associate with the University of Sydney as a member of the Clinical Ethics Network.