

**DEPARTMENT OF RENAL MEDICINE, ST GEORGE HOSPITAL**  
**POST RENAL BIOPSY INSTRUCTIONS**

**DATE:**

**TIME:**

1. Patient to remain lying flat for 4 hours and then allowed to gradually mobilize, if there are no complications.
2. Monitor Vital signs (BP, pulse rate, respiratory rate and SpO2) **every 15 min for the first one hour, every 30 min for the next 3 hours and hourly until discharge the same day.** Further frequency of observation will depend on patient's clinical status and the need to stay overnight. The treating team will document the frequency of observation in this situation.
3. Inspect and record three consecutive samples of urine for macroscopic hematuria.
4. Encourage fluid intake – at least 2 liters in 24 hours unless otherwise specified.
5. Report severe pain, hypotension, macroscopic hematuria (or any alteration in clinical condition) immediately to Renal Registrar (or MOIC if after hours). Blood for hemoglobin and Group hold should be collected immediately in this situation. The nephrologist on-call must be notified of any changes in the patient's condition, especially hypotension.
6. The patient is allowed to be go home if well after a minimum period of 4 hours of observation, unless otherwise specified. Patients at the ambulatory care are to be discharged after 4 pm to enable a reasonable period of observation.

Signature \_\_\_\_\_

Name \_\_\_\_\_