

# Renal Options Clinic Information

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You have been referred to the **Renal Options Clinic**. This clinic operates on a Monday morning between the hours of 9am and 12 noon and Wednesday afternoons between 1:30pm and 3pm. New patients are seen on Monday mornings at either 9 or 10am.

The **Renal Options Clinic** is located on 4 west, which is on the fourth level of the main hospital ward block.

Location:

Level 4 West Renal

Clinic Rooms

St George Hospital,

Gray St

Kogarah

Appointments are made by our secretary, if you have to change or cancel your appointment please call 91134534.

For Appointments Phone  
91134534

During your first visit at the **Renal Options Clinic** you will attend an education session where the options for the treatment of chronic kidney disease will be discussed. Please bring an interested relative or friend with you so that they can find out more about these options too.

For enquiries please  
contact

Kylie Turner

Chronic Kidney Disease  
CNC

91133634

Following your initial visit we will invite you back for a follow-up visit in 4-6 weeks time to discuss any questions you may have from your first appointment. We will then invite you back for appointments on a yearly basis.

At your initial visit you will see the following people so **please allow for at least two hours to be here**. Follow-up visits are only around 30mins.

**Staff available to the clinic include:**

**The Chronic Kidney Disease Consultant (CNC).** The CNC co-ordinates the clinic and is responsible for education in particular the different types of treatment options available for kidney disease.

**The Renal Social Worker** can assist you with dealing with the emotional, practical and social changes resulting from kidney disease.

**The Renal Dietitian** is available to assist you with the special diets needed by patients with kidney disease.

It is important that you continue to attend regular appointments with your kidney doctor.

**You may also be seen by:**

**The Vascular Access Nurse.** They can assist you in preparing your access for Haemodialysis. They will educate you on arranging ultrasounds of your vessels and referral to a vascular surgeon. After the access operation they will educate you on caring for your access and monitor its development.

**The Renal Transplant Co-ordinator.** They can provide education about kidney transplantation and living donation. They assist potential transplant recipients and living donors with the process of assessment for suitability.

**The Renal Supportive Care (CNC).** Helps to support patients on dialysis / conservative pathway to manage their symptoms.

**The Peritoneal Dialysis (CNC).** They can provide you with a more in depth education regarding peritoneal dialysis. If peritoneal dialysis is your chosen choice of treatment they will continue to prepare you for when the time comes that you may require dialysis.