### Date: 7-Aug-19

Dear <patient name>

As you know we have been following your Chronic Kidney Disease (CKD) on our Virtual Medical Consultation (VMC) programme. You have completed at least a year of follow up on VMC.

Your renal function is stable with a low risk of progression to kidney failure, which means you have a very low risk of needing dialysis or a renal transplant. In light of this we are discharging you back to your GP. Your GP will continue to monitor your kidney function into the future.

The reason for our discharging you is that on review of your clinical parameters and laboratory tests, the overall risks for kidney failure for you were very low **\_\_\_\_at 2 yrs. and \_\_\_\_\_at 5 yrs**. Risks below 10% are low and a 5 year risk <3% does not require renal specialist follow up. As a result, nephrology referral and tracking may not be indicated at the present time. Useful guidelines for prevention of the worsening of your kidney disease can be found at the Kidney Health Australia website <https://kidney.org.au/> and in particular at <https://kidney.org.au/your-kidneys/prevent>

We advise an annual Kidney Health Check – urine albumin to creatinine ratio, eGFR estimation by checking a UEC and blood pressure check and this can be done by your GP.

Should you have additional concerns please feel free to discuss with your GP who can refer you back to a nephrologist should they feel necessary.

Regards

A/Prof. Ivor Katz Kylie Turner

Director CKD Services CKD Clinical Nurse Consultant

Senior Staff Specialist Ph: 9113 3634

Conjoint Associate Professor UNSW Fax: 91131786