

St George Hospital Renal Department: INTERNAL ONLY

Hypoglycaemia episode- management in Adults incorporating when to initiate PACE call.

Aim:

- To safely manage hypoglycaemic episodes in the Haemodialysis environment.

Limitation of practice:

- Acute management of hypoglycaemia should be performed by a trained and accredited Haemodialysis nurse

When to activate a PACE:

- Begin Hypoglycemia management as per the 'Management of Hypoglycemia (Hypo) in adult patients' clinical business rule when BGL is <4 mmol/l or the patient is symptomatic.
- Call PACE when the patient's blood glucose level (BGL) falls below 3.0 mmol/l as per PACE criteria.

Immediate management: Refer to St George Hospital and Community Services Draft Clinical Business Rules called 'Management of Hypoglycemia (Hypo) in adult patients'

http://sesiweb/Central_Hospital_Network/Policies_and_Procedures/draft/documents_draft/Hypo_Management_of_SGSHHS_CLINxxx.pdf.

Sutherland Satellite Unit to obtain phone order from Consultant as PACE is not practiced at site – all other assessments and management apply.

Post event assessment:

- Determine if oral intake has occurred prior to dialysis
- Identify if a change in appetite or reduced appetite has occurred which may have precipitated the incident
- Determine if weight loss has occurred without required changes to insulin

Post event management:

- Document episode in RISC
- Document likely cause (if known)
- Document any change to long term treatment e.g. changes to insulin
- Document changing drug doses in RISCdoc
- Review dialysis prescription with accredited dialysis staff