

HOME HAEMODIALYSIS PROTOCOL

Care For the Home Haemodialysis Patients

HHD patients are reviewed regularly by a nephrologist or a medical registrar at Dialysis Clinic at STGH. SDC provides on-going home care such as routine home visits by nurses and technicians, 24 hour on call support and counselling and setting up online resources. There is ongoing communication regarding the care and treatment of HHD patients between STGH, SDC and the patient.

SYDNEY DIALYSIS CENTRE FOLLOW UP:

- SDC nursing staff are available for phone consultation during office hours Monday to Friday and during 24 hour on-call for emergencies and machine trouble-shooting.
- Home visits are made at the first HHD, within the first month of commencing HHD and then every 3 months thereafter. Home visit reports are sent to nephrologists and STGH home training nurse. The STGH home training nurse files the reports in RISCDOC and then attaches to letters in RISC.
- Machine servicing is conducted by an SDC technician every 6 months.
- SDC and STGH accommodate respite care dialysis and re-training sessions as required. The STGH home training nurse also files Occasional of Services (OOS) letters in RISCDOC and RISC.
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SYDNEY DIALYSIS CENTRE CONTACT NUMBER:

Sydney Dialysis Centre

Royal North Shore Community Health Centre, Level4, 2C Herbert St, St Leonards.

Cheryl Hyde (Centre Manager)

Working hours (Mon-Fri 7:30-16:00)

Ph: 9462-9400 Fax: 9462-9080

Out of working hours

Call Royal North Shore Hospital Switchboard.

Ph: 9926-7111.

Ask to page on call SDC nurse

CLINIC REVIEW:

- HHD records are kept in patient's dialysis flow charts.

St George Hospital Renal Department Guideline: INTERNAL ONLY

- Prior to clinic, patients' blood is taken at pathology on a non-dialysis day to avoid post dialysis sampling.
- SDC home visit reports which include the dialysis prescription as well as a visiting report, are saved with other clinic letters in RISCDOC and attached to letters in RISC.
- Scripts for tablets, Aranesp (hospital script), Iron (hospital script), Clexane/Fragmin (outside script) must be given but Heparin and Lignocaine scripts are not required (SDC provides those scripts)
- Contact STG training nurse when making changes to the dialysis prescription, eg: changing concentrate.
- Send SDC a copy of clinic letters for further nursing follow up. SDC is unable to access and review patient's blood results which are sent solely to STGH.

RESPITE & RETRAINING SESSIONS:

SDC and STGH provide respite or re-training dialysis sessions when an HHD patient faces dialysis related problems or is not fit to go back to home therapy. Eg. After recovering from illness or a hospital stay.

TRANSPLANT:

The STGH transplant co-ordinator informs SDC and STGH home training nurse when an HHD patient receives a transplant. The patient's name is transferred to the SDC transplant holding database. Stock, machine maintenance and home visits are withheld for three months. The patient's Nephrologist contacts SDC for machine and stock removal.