HYPERTENSION UNIT – ST GEORGE HOSPITAL, KOGARAH

# 24 HOUR AMBULATORY BLOOD PRESSURE REQUEST FORM

Contact: **Jenny**  **9113-2621** Monday – Friday (during business hours)

Location:Renal Hypertension Unit / Blood Pressure Monitoring Unit

**Renal Care Centre, 9 South St Kogarah. (Next to the Private Hospital)**

Allow 4-6 weeks for appointments which are available Monday –Thursday, and returning the following day. Reports will be faxed to your referring Doctor.

Surname:……………………………. Given Name:…………………………………….

Address:…………………………………………………………………………………………

DOB:……………………… Phone:..H)………………….. W)……………….……

**At Referral**

**Urine dipstick**

**BP : ………….... eGFR :………………… Blood:** …………

**Creat :……………………. Alb/Creat ratio :………. Protein**………….

Name of Pathology company:……………………………

## **Please list Medications and dosages** Nil medications:⁭

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### Reason for referral: ⁭ Assess BP Control ⁭ Pregnant

### ⁭ Suspected white-coat ⁭ <6mths post partum

⁭ Dialysis ⁭ Transplant

⁭ Donor Work up ⁭ Other…………………………..

⁭ Renal Nerve Ablation

Primary Cause of CKD: ⁭ Diabetes ⁭ Glomerulonephritis ⁭ Renovascular disease ⁭ Polycystic kidney disease

⁭ Reflux nephropathy ⁭ Ischaemic Nephrosclerosis ⁭ Unknown ⁭ Other…………………

### Referring Doctor ⁭ Prof Brown ⁭ A/Prof Katz ⁭ A/Prof Badve ⁭Dr Lane ⁭ Dr Li

**⁭A/Prof Kelly ⁭ Dr Shanmugasundaram ⁭ Dr Pettit ⁭A/Prof Mangos**

Signature ………………..……… Source of referral: hospital clinic / private rooms

Date: ……………..

Information for patients:

•A blood pressure cuff will be applied to your arm (similar to the cuff used at the doctors).

•This will be connected to a small machine attached to a belt around your waist or a strap, which

you can wear diagonally across your body from your shoulder.

•The cuff will inflate every 30 minutes during the 24-hour period.

•You should continue doing all your normal activities for this period e.g. work, driving,

exercise and take your usual medications.

•If you are unable to keep your appointment. Please call ASAP as our waiting lists are long.

N.B. The answering machine is available after hours 9113-2621