



# Renal Supportive Care Symposium

August 1<sup>st</sup> 2014 at the St George Hospital Auditorium

| TIME             | PROGRAM OUTLINE   | SPEAKER  |
|------------------|---|--|
| 0830-0900        | Registration  |  |
| 0900-0910        | Welcome   |  |
| 0910-0930        | Opening address   | Prof Mark Brown /MBBS, FRACP (Director, Department of Renal Medicine, Professor of Medicine, UNSW)   |
| 0930-1000        | What is new in Renal Supportive Care?   | Dr Frank Brennan MBBS, FRACP, FChPM, LLB(Palliative Care Physician)  |
| <b>1000-1030</b> | <b>Morning tea</b>  |  |
| 1030-1100        | Nursing Management in Renal Supportive Care, the St George experience   | Elizabeth Josland (Renal Supportive Care CNC) Dip Nursing, MPH   |
| 1100-1130        | Renal Supportive Care in Rural and Remote areas of Australia  | Samantha Harrington Renal Supportive Care Coordinator Top End Hospital Network/ Department of Health<br>Dr William Majoni Consultant Nephrologist and Specialist Physician |
| 1130-1145        | Providing support for nephrologists   | Dr Anthoulla Mohamudally, Palliative Medicine Physician, Northern Beaches, Sydney  |
| 1145-1200        | An exploratory study to identify the clinical course and a group of symptoms that relate to withdrawal from haemodialysis in three tertiary hospitals in South Australia. | Dr Nina Vogel.<br>Palliative Medicine Registrar<br>Central Adelaide Palliative Services  |
| <b>1200-1245</b> | <b>Lunch</b>  |  |
| 1245-1330        | Management of complex Symptomatology in ESKD – clinical case studies  | Dr Frank Brennan MBBS, FRACP, FChPM, LLB(Palliative Care Physician)  |
| 1330-1415        | Treatment decision making – patient and physician perspectives  | Dr Celine Foote MBBS BSc(Med), FRACP<br>Research Fellow, Renal & Metabolic Division  |
| <b>1415-1440</b> | <b>Afternoon tea</b>  |  |
| 1440-1615        | Patient Journeys  | Presentation by Dr Kelly Li.<br>Panel: Dr F Brennan, Prof M Brown<br>Dr E Stallworthy.   |
| 1615-1630        | Questions and Conclusion  |  |



## **Speaker Biographies**

### Professor Mark A Brown

Professor Brown is a Renal and Obstetric Medicine Physician at St George Hospital and Professor of Renal Medicine at the University of New South Wales, Sydney Australia. His clinical expertise includes, general nephrology with specific interests in the fields of obstetric medicine, renal palliative care, transplantation and hypertension, including hypertension in pregnancy and ambulatory blood pressure monitoring. Research domains have centred on scientific and clinical studies concerning hypertension and renal disease in pregnancy, with publication of several book chapters and over 160 peer review papers. Professor Brown is currently Director of the St George and Sutherland Renal service, Sydney, Australia, and Chairman of the St George Hospital Clinical Advisory Committee.

### Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. Dr Brennan is also a lawyer and has written on the human rights dimensions of pain management and palliative care.

### Elizabeth Josland

Elizabeth Josland is the Renal Supportive Care Clinical Nurse Consultant at St George Hospital. She has been involved with the supportive care service since its inception in 2005. She qualified as an RN in New Zealand before moving to Australia to complete a palliative care course at Calvary Hospital, she then moved into the renal area. Supportive care has been a unique opportunity to combine both palliative care and renal medicine to provide non-malignant care for end stage kidney disease clients throughout the trajectory of their illness.

### Dr Celine Foote

Dr Celine Foote is a staff specialist at Concord Repatriation General Hospital and a research fellow at The George Institute for Global Health. She is interested in the care of elderly patients with kidney failure particularly with regards to treatment decision making and outcomes with supportive care and dialysis. She is pursuing a mixed methods PhD in this area through the School of Public Health, University of Sydney.

### Dr Nina Vogel

Dr Nina Vogel, is a Palliative Medicine Registrar who is currently employed by Central Adelaide Palliative Services and is awaiting her fellowship with the Royal Australasian College of Physicians. Nina received her medical degree from the University of Hamburg, Germany. She migrated to Adelaide, Australia in 2004 and completed basic physician training in 2010. Nina has an interest in palliative and supportive care in patients with chronic diseases and particularly in Renal Palliative Care. Her current research interests relate to symptoms in patients electively withdrawing from haemodialysis.

### Samantha Harrington

Renal Supportive Care Coordinator, Top End Hospital Network| Department of Health

### Dr William Majoni

Consultant Nephrologist and Specialist Physician Royal Darwin Hospital Department of Nephrology Division of Medicine