

DEPARTMENT OF RENAL MEDICINE, ST GEORGE HOSPITAL
POST RENAL BIOPSY INSTRUCTIONS

DATE:

TIME:

1. Patient to remain lying flat for 4 hours and then allowed to gradually mobilize, if there are no complications.
2. Monitor Vital signs (BP, pulse rate, respiratory rate and SpO₂) **every 15 min for the first one hour, every 30 min for the next 3 hours**. Further frequency of observation will depend on patient's clinical status and the need to stay overnight. The treating team will document the frequency of observation in this situation.
3. Inspect and record three consecutive samples of urine for macroscopic hematuria.
4. Encourage fluid intake – at least 2 liters in 24 hours unless otherwise specified.
5. Report severe pain, hypotension, macroscopic hematuria (or any alteration in clinical condition) immediately to the renal registrar (or MOIC if after hours). Blood for hemoglobin and Group hold should be collected immediately in this situation. The nephrologist on-call must be notified of any changes in the patient's condition, especially hypotension.
6. The patient is allowed to be go home if well after a minimum period of 4 hours of observation, in case of an outpatient procedure. Patients at the Day Medical Infusion Centre (DMIC) are to be discharged after 4 pm to enable a reasonable period of observation.

Signature _____

Name _____