

St George Hospital

Peritoneal Dialysis Newsletter

Issue 2

2019

From all of us here in
SGH renal department
we wish you a
Merry Christmas
and a truly
Happy New Year!

Thousands of Reasons

By Doe Zantamata

If every morning,
You can find a reason to say,
“Yes, it’s going to be a beautiful day.”

And every day, you find a reason to say,
“Yes, it is a beautiful day.”

And every night, you find a reason to say,
“Yes, it was a beautiful day.”

Then one day,
You’ll look back and easily say,
“Yes...it was a beautiful life.”

Christmas and New Year closure
for St George Hospital PD unit

We will be **CLOSED**
From
25th December 2019, Wednesday
To
2nd January 2020, Thursday

Important

The PD unit will have reduced staffing on
the 23rd December and 24th December
2019 and again on 3rd January 2020.

If you need to visit the PD unit, please
ring for an appointment before you visit
to avoid long waits. If you are unwell or
have contaminated your PD catheter or
have cloudy drain fluid, please present
yourself immediately to emergency
department.

Thank you for your cooperation!



Contact us

02 9113 3770

**St George Hospital
Renal Care Centre
9 South St. Kogarah**

Monday-Friday, 7:30am–4:00pm

Disaster Planning

With the looming hot season, we have to plan for bushfires and other heat related disasters. Here are some helpful hints:

- 1. Important Documents – Organise your insurance papers and cards, current medication list, personal identification, important papers and keep them all together in a bag that you can easily carry in case you need to immediately evacuate your home.**
- 2. Supplies and Care Items – Prepare a disaster kit with first aid kit, 5-7 days of your regular medications, moist towelettes, toilet paper, cash, extra clothing, phone chargers and battery pack. You will need to include in your disaster kit some dialysis supplies: 5-7 days worth of dressing supplies, patient activation card for Claria dialysis machine users or procard for the Homechoice machine users, dialysis record book, hand sanitiser and minicaps.**
- 3. Communication— ensure your smartphone is always fully charged and create a list of the phone numbers to call in case of emergency. This list should include St George Hospital PD unit (9113 3770) and 4 South renal ward (9113 3458) phone numbers. Best to download the 'Fires Near Me NSW' app on your smartphone for real time updates on bush and grass fires across NSW. This is the official app from the NSW Rural Fire Service.**
- 4. Network communication failure (for Claria APD) – network and power outages are common during disasters. Please refer to section 7.5 of Patient At-Home guide to manage 'Network Communication Failure' or contact Baxter Technical Support on Toll Free number 1800 063 093, 24 hours a day, 7 days a week.**
- 5. Power failure & PD machine – in the event of prolonged power outages and you are unable to do your dialysis at home, your options are: to book a hotel room or to temporarily move to a family or friend's home and bring all your essential dialysis supplies with you. Don't forget to bring your bucket (for APD patients) with you! In case both options are not feasible, please present yourself to the SGH emergency department.**



1. Call Baxter Technical Support on 1800 063 093 for any complaints or technical issues with the Claria or Homechoice PD machine

2. Please have your routine blood tests before the end of 2019

3. Bring your PD record book to every renal clinic appointment

4. Whenever you visit the PD unit, it is essential that you have your eyeglasses and/or hearing aid/s with you so we could assist and help you better

5. If you are on antibiotic treatment, make sure you are also on Nilstat drops or tablets to prevent PD-related fungal infection. Call the PD nurses for more information.

****Make sure you have enough dialysis and dressing stock including back-up stock especially during the Christmas and New Year holiday**

Baxter is CLOSED during public holiday and weekends

Christmas closures are:

25th December 2019, Wednesday

26th December 2019, Thursday

1st January 2019, Wednesday