

Post-transplant follow up from 3 months

Post transplant follow up testing - 3 months and onward						
4-6 months: weekly-2nd weekly clinic appointments with weight, BP, creatinine and CNI/SRL levels every appointment						
6-12 months: 2nd weekly - monthly clinic appointments with weight, BP, creatinine and CNI/SRL levels every appointment						
Yearly: Cancer screening as indicated (see <i>Post-transplant cancer screening</i> protocol) and influenza vaccination						
Second yearly: BMD if eGFR>30						
Months	BK & CMV DNA plus EBV DNA if D+/R-	Fasting or Random BSL	Lipids	Protocol biopsy	De novo DSAs	Urine ACR or PCR
4-6 m	Monthly	Every visit	3mthly		PRN	Monthly
7-12 m	2mthly^	Every visit	3mthly	12mth	12 mth	Monthly
>12 m	6mthly between 12-24 months then PRN	6mthly -yearly	6mthly - yearly		PRN	3-6 mthly
^monthly CMV at 7-12m for those with CMV D+/R-						

<i>Post-transplant cancer screening protocol</i>	
Cancer Type	Screening Recommendation
Skin	Annual skin examination
Breast	Second yearly mammogram (same as general population. Free for women age>40)
Cervical	3-yearly cervical screen (General population recommendation is 5-yearly; full Medicare rebate for all immunocompromised patients 3-yearly)
Colorectal	Second yearly faecal occult blood test (FOBT) (Same as general population)
PTLD	History and physical examination every 3 months in the first post-transplant year, then annually (Most cases within the first 2 years post-transplant. Increased risk group: EBV IgG +ve donor to IgG –ve recipient)
Renal	Native (+/- transplant kidney) USS every 2-5 years to be considered. 2 nd yearly screening for those with established risk factors including long dialysis vintage, acquired cystic kidney disease, past RCC.
Prostate	PSA yearly (at nephrologist's discretion, no evidence)