

## **APD DISCONNECTION WITH OPTICAP**

### **STEP BY STEP for Patients:**

\*Frequent disconnection from your homechoice machine whilst you are on dialysis is highly discouraged due to increased PD catheter exposure increasing the risks of contamination and/or infection.

\*\*Disconnections are only to be done for urgent toilet breaks. It is recommended you use the toilet before starting your dialysis.

\*\*\*If you need more than 2 disconnections every time whilst on dialysis, please contact the PD unit.

1. Press the red (STOP) button.  
If possible to wait, please disconnect yourself whilst on DWELL phase.
2. Clamp the patient line.
3. Twists close the white valve on catheter extension set.
4. Open Opticap packet.
5. Wash hands with antibacterial hand gel/lotion thoroughly. Wait for hands to dry.
6. Separate the minicap from the Opticap. Leaving both inside the opened packet.
7. Disconnect patient line using non-touch disconnection technique.
8. Place patient line back on the blue line organiser.
9. Apply the new minicap on your catheter using non-touch technique.

10. Apply Opticap on the end of the patient line using non-touch connection technique.
11. Secure your PD catheter in place with tape to prevent dangling when you get up.
12. On your return- expose your catheter and keep away from clothing.
13. Have a **3 minute hand wash**.
14. Remove the Opticap from the patient line and remove the minicap from your catheter.
15. Use non-touch connection technique to connect yourself – connect your catheter to the patient line.
16. Twists open the white valve on the catheter extension set.
17. Open the clamp on patient line.
18. Press GO (green button) to continue dialysis.