

Manual Drain with Drain Bag

1. Spray work table with methylated spirit (1 part methylated spirit mixed to 4 parts of water).
2. Dry work table with paper towel.
3. Remove drain bag from outer pouch and place on top of work table.
4. Place minicap and hexol on top of work table as well.
5. Take catheter out and secure clothing away from catheter.
6. Complete a **3 minute handwash**.



7. Use non-touch connection technique to connect yourself by:
 - a. Holding catheter and bag lines on opposite hands.
 - b. Carefully remove caps then connect.

8. Close the blue clamp.

9. Place empty bag on the floor. Ensure clear part of the drain bag is facing up.

10. Open the white valve on catheter.
****Do not twist the light blue part of catheter.**

11. Make sure catheter is draining fluid out.
 - a. Check the following:
 - Lines must not pull from the exit site
 - Catheter and lines are not kinked

12. *You can sit down.*

13. If draining stopped, close clamp on drain line.

14. Close white valve on catheter until it “clicked”.
****Do not twist the light blue part of catheter.**

15. Stand up and open minicap packet.
16. **Wash hands with hexol.**
17. Disconnect bag line from catheter using non-touch technique.
18. Cover end of catheter with new minicap.
19. Secure your catheter in place with tape.
20. Weigh your drain bag and record volume in your book. **Calculate your UF.
21. Check the clarity of your drain fluid.
22. Discard drain fluid down the toilet or shower drain.
23. Throw empty bags in garbage.