

Referring Health Professionals

- All Dietitian referrals are to be ordered via email, fax or mail; SESLHD-TSH-Dietitians@health.nsw.gov.au; Fax number 9540 7717; Renal Dietitian Allied Health Department, The Sutherland Hospital
- For urgent matters please also page #735 or call the Department on 9540 7685



Referral Screening by Nutrition Department

Goal - referral prioritised within 72 business hours



Criteria	Referral Reasons
<ul style="list-style-type: none"> • Current patient of St George Hospital or The Sutherland Hospital based nephrologist • Reside in the Sutherland Hospital LHD • Bulk billed by nephrologist in private rooms • CKD Stage 3B (eGFR < 44) 	<p>Persistent Nephrotic syndrome (3 measurements or more)</p> <p>Unintentional weight loss</p> <p>Hyperkalaemia</p> <p>Fluid overload</p> <p>Hyperphosphatemia</p> <p>Indicators of poor nutritional intake i.e. persistent:</p> <ul style="list-style-type: none"> ▪ hypokalaemia ▪ hypoglycaemia ▪ hypophosphatemia <p>Presence of ≥ 2 nutrition-related symptoms i.e.</p> <ul style="list-style-type: none"> ▪ taste aversion ▪ early satiety ▪ constipation ▪ diarrhoea ▪ Anorexia ▪ Nausea and/or vomiting

Patient Name: _____

DOB: _____

Address: _____

Referral reason:

- Unintentional weight loss
- Proteinuria > 3 months
- Hyperkalaemia
- Hyperphosphataemia
- Fluid overload
- Indicators of poor nutrition (i.e hypokalaemia, hypoglycaemia, hypophosphataemia)
- Presence of > 2 nutrition related symptoms
 - Taste aversion
 - Early Satiety
 - Nausea
 - Constipation
 - Diarrhoea
 - Anorexia

OTHER:

Name of Referrer:

Designation: