

Date:

Dear <NAME>

Welcome to the Virtual Medical Clinic (VMC)

The virtual medical clinic (VMC) is a way forward for, improving management of patients like you with chronic conditions in the community. It is a joint method of management with the General Practitioner (GP) when people have early or stable advanced chronic kidney disease (CKD). Research in our department has shown it to be equivalent to nephrologist face to face care at these earlier stages of kidney disease.

Patients who are being referred to this form of consultation are those deemed by their kidney specialist to be stable CKD patients and whose blood pressure is adequately controlled and who require more 'active' tracking but not discharge back to their GP.

You will be required to visit your General Practitioner (GP) for a Kidney Health Check around the time you are having your bloods and urine collected.

As a patient in this clinic you will need to have bloods collected every 6 months and the pathology results will be reviewed by your GP.

At 12 months (<MONTH & YEAR>) the pathology results will be reviewed by the CKD CNC in consultation with your treating nephrologist. At this stage there is no need for you to have any further face to face appointments with your nephrologist.

We will continue to monitor you through the Virtual Medical Clinic unless your condition becomes unstable.

If you have any questions please don't hesitate to call 9113 3634

Regards

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