



# DIALYSIS AUSTRALIA'S ASSISTED HOME HAEMODIALYSIS (AHHD) MODEL OF CARE

Dialysis Australia, an experienced and specialist provider of in-home care offers Assisted Home Haemodialysis (AHHD) treatment for clinically suitable patients. You are now able to receive complete haemodialysis treatment, administered by a registered nurse who is present for the duration of your treatment, in the comfort of your own home.

## What is dialysis at home?

We bring the service and care you need to reach your treatment goals into your home so you can receive your dialysis, administered by a registered nurse who is present for the duration of your treatment, comfortably with your family and friends nearby.

## What are the benefits of home dialysis?<sup>1</sup>

- Choice in treatment times
- Improved quality of life
- Reduced travel costs
- Ability to work
- Improved morbidity and mortality
- Reduced depression and improved sleep

## How does it work?

Contact Dialysis Australia by calling 1800 994 244 to determine your eligibility for the dialysis at home program. Once eligibility has been confirmed, all you require is a referral from your treating nephrologist stating your suitability for home haemodialysis treatment. Dialysis Australia will then communicate with your local renal dialysis unit and effectively manage your transition home. And there are no extra out of pocket costs for haemodialysis services provided in your home.

Dialysis Australia we will keep your nephrologist and local dialysis unit informed with regular updates and consultation throughout your ongoing dialysis treatment.

## Why dialysis at home?

Many people prefer to receive dialysis treatment at home increasing choice and convenience in where they receive their care, with their family and friends close by. Eligible patients can now transition from hospital to home under the assistance and guidance of Dialysis Australia, an experienced provider of home dialysis care.

A systematic review of 27 studies reported patients receiving home dialysis are more likely to work, have lower mortality rates, an improved quality of life, and have fewer complications than satellite or hospital based haemodialysis patients.<sup>2</sup>

## Am I eligible to have dialysis at home?

If renal dialysis is included in your private health insurance cover or are a Department of Veterans' Affairs (DVA) Gold Card Holder, you may be eligible to receive haemodialysis in your home. We will work with you and your treating nephrologist to ensure that our haemodialysis at home program is appropriate to your needs.

## How do I enrol?

To enrol or enquire please contact Dialysis Australia on 1800 994 244. In consultation with your clinical team, we will assess your treatment needs and goals, as well as check your home environment regarding suitability for home haemodialysis treatment.

<sup>1</sup> Kidney Health Australia – A model for home dialysis (2012).

<sup>2</sup> Mowatt et al, Systematic review home versus hospital or satellite unit haemodialysis for people with end-stage renal failure (2004).



**Dialysis**  
AUSTRALIA  
Care with Compassion and Commitment