

Kidney Supportive Care Masterclass 2025

Thursday July 31st 2025

Friday 1st August 2025

**St George Hospital
Research and Education Centre
South St, Kogarah, NSW 2217**



Masterclass Program

Thursday July 31st

Chair – Dr Clare Jones

10:00-10:05 AM	Introduction, Housekeeping and Acknowledgement of Country
10:05-10:10 AM	Overview of the Master Class <i>Dr Kelly Li (Nephrologist, Palliative Care Physician, St George)</i>
10:10-10:30 AM	What's New in Kidney Supportive Care? <i>Dr Sarah So (Nephrologist and Palliative Care Physician, Nepean Hospital)</i>
10:30-11:10 AM	Decision-Making Around Dialysis vs. Conservative Kidney Management (CKM) <i>Dr Angela Chou (Nephrologist)</i>
11:10-11:30 AM	The Kidney Supportive Care Nurse <i>Laura Lunardi (NP, Adelaide)</i>
11:30-11:40 AM	Symptoms in CKD – A Brief Overview <i>Dr Frank Brennan (Palliative Medicine Physician, Calvary and St George)</i>
11:40-12:15 AM	Pain and CKD <i>Dr Sara Rendo (Palliative Medicine Physician, RNSH)</i>

12:15 PM LUNCH

Chair – Liz Josland

13:00-13:30 PM	CKD-Associated Pruritus (formerly "Uraemic Pruritus") <i>Skye Xu KSC CNC RN STG</i>
13:30-14:00 PM	Restless Legs Syndrome <i>Dr Sarah Tan (Nephrologist and Palliative Medicine Physician, Melbourne)</i>

14:00 Afternoon tea

Chair - Jessica Dawson

14:30-15:00 PM	GI symptoms from a dietitian's perspective <i>Murielle Ryan (Royal North Shore Hospital, Renal Dietitian)</i>
15:00-15:30 PM	Brief Summary and Conclusion <i>TBC</i>

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Masterclass Program

Friday August 1st

Chair – Dr Frank Brennan

09:00-09:10 AM Introduction, Housekeeping and Acknowledgement of Country

09:10-09:40 AM Frailty and Kidney Supportive Care
Dr Alice Kennard (Nephrologist, Canberra)

09:40-10:10 AM Optimising physical function in frail patients with kidney failure
A/Prof Ria Arnold (University of Wollongong, Accredited Exercise Physiologist)

10:10-10:40 AM Nutrition and Frailty
Dr Jessica Dawson (PhD, Dietitian)

10:40 AM Morning Tea

Chair – Dani Horne

11:00-11:30 AM Lived Experience of Rural Renal Healthcare
Amelia Craig (Social Worker, Dubbo Health Service)

11:30-11:50 AM Moral Distress
Dr Kathryn Ducharlet (Nephrologist, Melbourne)

11:50 AM LUNCH

Chair – Dr Frank Brennan

12:30-14:00 PM Panel Discussion of Cases Put Forward by Audience
Panelists: Laura Lunardi, TBC

14:00 PM Conclusion

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