

10th St George Hospital
Renal Supportive Care Symposium

Nephrology: Ethics, Law and Moral Distress

Thursday August 1st and Friday August 2nd 2019
St George Hospital Research and Education Building
4-10 South St, Kogarah NSW 2217
<https://stgrenal.org.au/news-events>

Thursday-Day 1: 12:00 – 4:00pm

TIME	PROGRAM OUTLINE <i>Thursday 1st August 2019</i>	SPEAKER
1130-1200	Registration	
1200-1210	Welcome, Opening Address Acknowledgement of Country	A/Prof George Mangos Head of Nephrology, St George Hospital TBC AHLO SESLHD
1210-1230	Setting the Scene – What’s new in RSC	Prof Mark Brown MBBS, FRACP Renal Consultant, St George Hospital; Professor of Medicine, UNSW
1230-1315	Symptom Management	Dr Frank Brennan MBBS, FRACP, FACHPM, LLB Palliative Care Consultant, St George Hospital
1315 - 1340	Symptom control in Dialysis patients	Dr Amanda Siriwardana RSC Fellow, Royal North Shore Hospital
1340-1400	Symptom Management - Taste	Dr Frank Brennan MBBS, FRACP, FACHPM, LLB Palliative Care Consultant, St George Hospital
1400-1430	Afternoon Tea	
1430-1500	Frailty and Malnutrition in advanced CKD	Su Bahceci RSC Dietitian, St George Hospital
1500-1530	Palliative Nutrition	Jodie Ellis – Dietitian, Calvary Hospital
1530-1600	Interactive Question and Answer session/ Conclusion	Chaired by Dr Frank Brennan Su Bahceci, Jodie Ellis, Dr Franziska Pettit

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Speaker Biographies

A/Prof George Mangos

Associate Professor Mangos is the Head of Nephrology at St George Hospital and is a Clinical Academic at the St George Clinical School located at St George Hospital, Kogarah. His research interests are in blood pressure measurement, hypertension in pregnancy, cardiovascular disease following hypertensive disorders of pregnancy and treatment resistant hypertension. His clinical interests mirror his research interests. His teaching responsibilities include Convenor of Phase 3 Medicine and PRINT and at the St George & Sutherland Clinical School he is the Phase 3 Co-ordinator.

Prof Mark Brown

Professor Brown is a Senior Staff Nephrologist and Obstetric Medicine Physician at St George Hospital and Professor of Renal Medicine at the University of New South Wales, Sydney Australia. His clinical activities include general nephrology with specific interests in the fields of obstetric medicine and hypertension in pregnancy as well as renal supportive care and health for the homeless. He is Medical Director of the Division of Medicine at St George hospital where he leads research into the hypertensive disorders of pregnancy as well as the Renal Supportive Care team, developing research and clinic practice changes for non-dialysis patients with end stage kidney disease. He has published several book chapters and over 250 peer review papers and received several awards for his work including an Order of Australia award and the ISSHP Chesley award in 2018.

Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals and a Conjoint Senior Lecturer, University of New South Wales. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. He is involved in medical education, has been an Examiner for the Royal Australasian College of Physicians and has taught medical students, junior doctors and registrars. He has also been invited to present multiple international education workshops. He is a current Board member of the Worldwide Hospice Palliative Care Alliance. He is also a lawyer and has written on the human rights dimensions of pain management and palliative care and has published over 350 peer reviewed papers and book chapters.

Dr Amanda Siriwardana

Dr Amanda Siriwardana completed her Nephrology training in 2018 and is the current Renal Supportive Care Fellow at Royal North Shore Hospital, Sydney. She has a clinical and research interest in the management of elderly patients with chronic kidney disease (CKD), the most rapidly growing population group with CKD in Australia. This elderly cohort experiences a heavy comorbidity burden and an increased vulnerability to complications from CKD-related treatments. Amanda has a particular interest in patients who opt for a non-dialysis pathway and patients on dialysis with a high and complex symptom burden. She is currently undertaking a PhD at the University of Sydney in this area in order to better understand and improve care for elderly CKD patients

Su Bahceci

Su Bahceci is an Accredited Practising Dietitian working at St George Hospital, Sydney with extensive experience in a number of medical and surgical areas. Su has been specialising for over five years in the renal acute inpatient and chronic outpatient areas, and has been acting in the Renal Supportive Care dietitian role since July 2018. She has undertaken post-graduate training by completing the Renal Nutrition Program. Su has a vested interest in research orientated towards patient centred care, particularly in nutrition support for malnourished renal patients and examining the role of intradialytic parenteral nutrition on nutritional outcomes. She has also commenced the multi-centre, prospective study on the incidence and progression of frailty of patients who have chosen a conservative, non-dialysis pathway attending a RSC clinic and those patients newly commenced on dialysis aged 75 years and over. Su is extremely enthusiastic about mentoring fellow dietitians and students in the area of renal nutrition, and organised the first RSC Dietitian Education Day in 2018, with it now being an annual event.

Jodie Ellis

Dr Jodie Ellis is an Accredited Practising Dietitian with 16 years' experience working in palliative care. Jodie is the Head of Department for Dietetics, Speech Pathology and Psychology at Calvary Health Care Kogarah and works with patients with malignant and non-malignant conditions. Jodie regularly undertakes research within palliative care, aiming to further best practice and patient centred care. Jodie is passionate about the influence of nutrition impact symptoms on quality of life and the effect changes in oral intake have on social interactions and relationships. Her PhD investigated the psychosocial impact of food and nutrition in terminal palliative care patients and she is furthering this, investigating changes in intake at the end of life.

Renal Supportive Care Symposium

Nephrology: Ethics, Law and Moral Distress

Friday-Day 2: 9:00 – 4:30pm

TIME	PROGRAM OUTLINE <i>Friday 2nd August 2019</i>	SPEAKER
0830-0900	Registration	
0900-0910	Welcome, Opening Address	Elizabeth Josland <i>Dip Nursing, MPH</i> RSC CNC, St George Hospital
	Acknowledgement of Country	Ruth Hampton AHLO SESLHD
0910-0940	My Experiences and Satisfaction with Kidney Care	Dr Jaquelyne Hughes Nephrologist, Royal Darwin Hospital
0940-1020	Moral Distress in Nephrology	Dr Kathryn DuCharlet Nephrologist, St Vincent's Hospital, Melbourne
		Jenny Burman RSC CNC, Concord Hospital
1020-1035	Moral Distress- Expert commentary	Dr Christine Sanderson Palliative Care Physician
1035-1055	Self-care in Moral Distress	Hannah Burgess <i>B. Social Work</i> RSC Social Worker, St George Hospital
1055-1110	Morning Tea	
1110-1140	Overview of Advance Care Plans (ACP), outcomes of patients who died in hospital	Dr Kelly Li <i>MBBS FRACP</i> , Nephrologist, St George Hospital
1140 - 1230	Teaching communication skills for nephrology	Dr Liz Stallworthy Nephrologist, Auckland Hospital
1230-1330	Lunch	
1330-1415	Law & Medicine Informed consent and dialysis withdrawal	Prof Cameron Stewart Lawyer, Sydney University
1415-1445	Ethics: Withholding and Withdrawal	Dr Linda Sheahan Palliative Care Physician and Clinical Bioethicist, St George Hospital
1445-1515	Afternoon Tea	
1515-1615	Nephrology: Ethics, Law and Moral distress, Q and A panel with audience participation	Chaired by Dr Kelly Li Cameron Stewart, Linda Sheahan, Jenny Burman, Kathryn DuCharlet and Nicole Burke
1615-1630	Summation	

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Speaker Biographies

Dr Jaquelyne Hughes

Dr Jaquelyne Hughes is a Torres Strait Islander woman. Her family come from Mabuiag Island in the near west Torres Strait. She works as nephrologist at Royal Darwin Hospital and Senior Research Fellow at Menzies School of Health Research in Darwin. She trained in Nephrology at Prince of Wales Hospital, Wollongong Hospital and St George Hospital during 2005-2007, and then relocated for her PhD study in Darwin. Her professional contribution to Australian nephrology include: An elected Council member of the AZNSN (2014-18); Appointed Convener ANZDATA Indigenous Health Working Group; Expert panel member of the Transplant Society of Australia and New Zealand Improving Aboriginal and Torres Strait Islander Access to and Outcomes from Kidney Transplantation; Australian co-convener of the KHA-CARI technical writing group for the Management of Chronic Kidney Disease in Aboriginal and Torres Strait Islander peoples and Maori. She is the clinical lead for the New Start Dialysis Transition Clinic, and leads the patient-engagement portfolio in the Top-End Renal Service.

Dr Kelly Li

Kelly is a nephrologist working at St George Hospital and has undertaken dual training as a palliative care physician. She has an interest renal supportive care, medical ethics, and communication skills in the healthcare setting.

Dr Liz Stallworthy

Liz Stallworthy is a Nephrologist in Auckland, New Zealand. She included time in palliative care in her Nephrology training and completed the RACP Clinical Diploma in Palliative Care in 2012. Liz runs a Renal Supportive Care Clinic for patients in the central Auckland region. Liz is also a trained communication skills course facilitator and works for the New Zealand Advance Care Planning Co-operative facilitating their level 2 Advance Care Planning courses nationwide. She is involved in a Nephrology-specific, multi-professional communication skills course currently being piloted in New Zealand. Liz wrote the Advance Care Planning section of the ANZSN position statement on Renal Supportive Care.

Jenny Burman

Jenny has a background in teaching as well as renal nursing and has worked in renal medicine for 30 years. This includes all areas of dialysis in particular home therapies, CKD nurse consultant and several years in renal research. She has always had a keen interest in helping patients achieve the best out of life.

Dr Kathryn DuCharlet

Kathryn is a nephrologist at St Vincent's Hospital Melbourne with research and clinical interests in palliative care and supportive care. In addition to her medical degree she also

has a bachelor of commerce (economics) and science (psychology). Kathryn is currently completing a PhD with Melbourne University aiming to understand renal clinician's perspectives and experiences of end of life care, renal supportive care and palliative care.

Dr Christine Sanderson

Christine Sanderson is a palliative medicine physician who is currently working in Alice Springs, but has had extensive experience in palliative care in Sydney, as well as in rural and regional settings around Australia. Prior to doing palliative medicine she was trained in sociology and public health. Christine has been actively involved in clinical trials in palliative care, with a particular interest in delirium, and established the clinical trials unit at Calvary Health Care Kogarah as part of the Palliative Care Clinical Studies Collaborative. She is currently undertaking a PhD on the topic of moral distress in health care teams in relation to end of life decision-making.

Hannah Burgess

Hannah is a Renal Supportive Care Social Worker at St George Hospital, Sydney. Her role provides mentoring and support to other units implementing their own Renal Supportive Care programs. Hannah is a member of the ACI Renal Supportive Care Working Party, the Palliative Care Social Workers of NSW Special Interest Group, and co-chairs the Renal Social Workers of NSW Special Interest Group. Hannah is co-author of articles on the Renal Memorial Service, the Scope of Renal Social Workers across Australia, and Informed Consent in the renal context.

Prof Cameron Stewart

Cameron Stewart is a Professor and Director of the Centre for Health Governance, Law and Ethics at Sydney Law School and Adjunct Professor at the Centre for Values, Ethics and the Law in Medicine, Sydney Medical School. He has degrees in economics, law and jurisprudence. He has worked in the Supreme Court of New South Wales and has practiced commercial law at Phillips Fox Lawyers. Cameron has worked on a number of projects for NSW Health, the NSW Guardianship Tribunal, the Office of Public Guardian and Alzheimer's Australia. His current projects include studies on umbilical cord blood banking, direct to consumer advertising, guardianship law and consent to high risk medical procedures.

Dr Linda Sheahan

Dr Linda Sheahan is a palliative Care physician, and works as a Staff Specialist at St George Hospital. She also holds a Fellowship in Clinical and Organisational Ethics from the Joint Centre for Bioethics in Toronto, and is the Clinical Ethics Consultant for the South East Sydney Local Health District. She is an affiliated bioethicist with the JCB, and an Honorary Associate with the University of Sydney as a member of the Clinical Ethics Network.

Website for presentation downloads once available: <https://stgrenal.org.au/renal-supportive-care>