

# 8<sup>th</sup> St George Hospital **Renal Supportive Care Symposium** *Friday August 11th, 2017 at the St George Hospital Auditorium*

TIME	PROGRAM OUTLINE	SPEAKER
0830-0900	Registration	
0900-0910	Welcome, Opening Address & Acknowledgement of Country	Elizabeth Josland
0910-0945	New developments in Renal Supportive Care & Research	<b>Prof Mark Brown</b> MBBS, FRACP Director, Department of Renal Medicine, St George Hospital; Professor of Medicine, UNSW
0945-1010	Renal Supportive Care Nursing: Escalating Patient & Carer needs towards End of Life; Overview of End of Life Care in the Community	Elizabeth Josland Dip Nursing, MPH Renal Supportive Care Hub CNC, St George Hospital
1010 - 1030	Renal Supportive Care Nutritional Guidelines	Jessica Stevenson   Renal Supportive Care Hub Dietitian, St George Hospital
1030-1100	Morning Tea	
1100-1145	Symptom management in ESKD	Dr Frank Brennan   MBBS, FRACP, FAChPM, LLB Palliative Care Physician, St George Hospital Renal Supportive Care Hub
1145-1215	Cardio–Renal: Medical management in Renal Supportive Care	<b>Dr Kelly Li</b>   Nephrologist, St George Hospital Renal Unit and Supportive Care Hub
1215-1240	Who manages the Heart Failure patient with Renal Failure? Where do Heart Failure and Renal Supportive Care management intersect?	Janet Newton   Heart Failure Nurse Practitioner, St George Hospital
1240-1315	Lunch	
1315-1345	Holistic care of the Indigenous Person with Renal Failure nearing End of Life	Jodie Slack-Smith   NUM, Moree Renal Unit
1345-1415	Evaluation of the Implementation of a novel integrated Kidney Supportive Care Program – Queensland experience	Prof Ann Bonner   Professor of Nursing Queensland University of Technology PhD, MA, BAppSc(Nurs), RN
1415-1445	Further evaluation of the psychosocial impact of a Renal Supportive Care service using iPOS-Renal: One year on	Hannah Burgess   B. Social Work, UON Renal Supportive Care Hub Social Worker, St George Hospital
1445-1515	Afternoon Tea	
1515-1620	Panel discussion: Case studies with ethical issues, symptom management and more	Chaired by Dr Frank Brennan   *Panel to include nephrologist, nurse, allied health, palliative care and others TBC.
1620-1630	Questions and Conclusion	
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# **Speaker Biographies**

## Professor Mark A. Brown

Professor Brown is a Renal and Obstetric Medicine Physician at St George Hospital and Professor of Renal Medicine at the University of New South Wales, Sydney Australia. His clinical expertise includes, general nephrology with specific interests in the fields of obstetric medicine, renal palliative care and hypertension, including hypertension in pregnancy. Research domains have centred on scientific and clinical studies concerning hypertension and renal disease in pregnancy and more recently renal supportive care, with publication of several book chapters and over 200 peer review papers. Professor Brown is currently Director of the St George and Sutherland Renal service, Sydney, Australia, and Chairman of the ACI Renal Supportive Care Committee.

### Professor Ann Bonner

### Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. Dr Brennan is also a lawyer and has written on the human rights dimensions of pain management and palliative care.

### Elizabeth Josland

Elizabeth is a Renal Supportive Care Clinical Nurse Consultant at St George Hospital. She has been involved with the supportive care service since its inception in 2005. Supportive care has been a unique opportunity to combine both palliative and renal to provide non-malignant care for end stage kidney disease clients throughout the trajectory of their illness.

#### Hannah Burgess

Hannah is a Renal Supportive Care Hub Social Worker at St George Hospital, Sydney. Her role provides mentoring and support to other units implementing their own Renal Supportive Care programs. Hannah is a member of the ACI Renal Supportive Care Working Party, the Palliative Care Social Workers of NSW Special Interest Group, and cochairs the Renal Social Workers of NSW Special Interest Group. Hannah is co-author of articles on the Renal Memorial Service, the Scope of Renal Social Workers across Australia, and Informed Consent in the renal context.

#### Jessica Stevenson

Jess is currently working as the Renal Supportive Care Dietitian at St George Hospital. She has worked as a Specialist Renal Dietitian for the past 6 years, both in Australia and in the UK and has experience with patients across all stages of CKD. She has been on the ACI Renal Supportive Care working party since its conception in 2013.

<u>Dr Kelly Li</u>

Janet Newton

Jodie Slack-Smith