

## **Pain management in patients with End Stage Kidney Disease – An Evidence Based Symposium.**

**Location** – Education Centre, St George Hospital, South Street, Kogarah

**Date** – Saturday July 30 2016. From 9 am- 3pm.

**Co-hosts :**

Renal Supportive Care Service, Department of Nephrology, St George Hospital  
Department of Pain Medicine, St George Hospital  
Michael J Cousins Pain Management and Research Institute, Sydney.

**Learning objectives :**

1. To understand the epidemiology and aetiology of pain in patients with End Stage Kidney Disease (ESKD) being managed with Renal Replacement Therapy or conservatively.
2. To understand the altered pharmacology (pharmacokinetics and pharmacodynamics) of medications in ESKD.
3. To understand the evidence for the management of pain syndromes (including musculoskeletal disease, diabetic peripheral neuropathy and malignancy) in the general population and how this may apply to patients with ESKD.
4. To understand the evidence based management of specific pain syndromes experienced by patients with ESKD.
5. To understand the psychological dimensions of pain and its management.

**Audience :**

Clinicians caring for patients with End Stage Kidney Disease including those working in Nephrology, Pain Medicine, Palliative Care, Rheumatology, Geriatrics, Endocrinology, Family Medicine and other disciplines.

**Registration** : contact Elizabeth Josland at [Elizabeth.Josland@health.nsw.gov.au](mailto:Elizabeth.Josland@health.nsw.gov.au) or Alison Smyth at [Alison.Smyth@health.nsw.gov.au](mailto:Alison.Smyth@health.nsw.gov.au)

## ***Pain management in patients with End Stage Kidney Disease – An Evidence Based Symposium.***

Saturday July 30 2016 (This is separate from the Renal Supportive Care Symposium on Friday July 29<sup>th</sup>. Please see the website if you require the program for this) <http://stqrenal.org.au/>

<b>TIME</b>	<b>PROGRAM OUTLINE</b>	<b>SPEAKER</b>
<b>0900 - 0905</b>	Welcome, acknowledgement of country	
<b>0905 - 0915</b>	Introduction and overview	Dr F. Brennan, <i>Palliative Care Physician, Renal Supportive Care Service, Department of Nephrology, St George Hospital</i>
<b>0915 - 0950</b>	Pharmacology in the context of ESKD	Olly Zekry, <i>Clinical Specialist Pharmacist, Pharmacology Unit Co-ordinator, Pain Education Unit, Faculty of Medicine, University of Sydney and Royal Prince Alfred Hospital</i>  Dr Maria Cigolini, <i>Clinical Director, Palliative Medicine, Royal Prince Alfred Hospital.</i>
<b>0950 - 1035</b>	Evidence based management of pain secondary to musculoskeletal disease in the general population and in patients with ESKD Includes discussion of pain secondary to osteoarthritis, rotator cuff syndrome/ supraspinatus tendinitis, gouty arthropathy.	Professor Alan Sturgess, <i>Rheumatologist, St George Hospital.</i>
<b>1035 - 1100</b>	<b>Morning Tea</b>	
<b>1100 - 1145</b>	Evidence based management of painful diabetic peripheral neuropathy in the general population and in patients with ESKD.	Dr Peter Cox / Dr Anica Vasic, <i>Pain Medicine Specialists, St George Hospital.</i>
<b>1145 - 1230</b>	Evidence based management of pain syndromes experienced by patients with ESKD : polycystic kidney disease; intra-dialytic headaches carpal tunnel syndrome; calciphylaxis; peripheral vascular disease	Dr Anica Vasic/Dr F Brennan
<b>1230 - 1305</b>	<b>Lunch</b>	
<b>1305 - 1340</b>	Psychology of pain and its management in the general population and patients with End Stage Kidney Disease	Professor Michael Nicholas, <i>Michael J. Cousins Pain Management and Research Institute.</i>
<b>1340 - 1425</b>	Evidence based management of cancer pain in the general population and in patients with ESKD	Associate Professor Melanie Lovell, <i>Palliative Medicine Physician, Greenwich Hospital, Sydney.</i>
<b>1425 - 1500</b>	Panel discussion with cases	
<b>1500</b>	Conclusion and remarks	