

Renal Supportive Care Master Class

22-23 August 2015

St George Hospital Auditorium, South St, Kogarah NSW

DAY 1- Saturday 22 August 2015

TIME	PROGRAM OUTLINE	SPEAKER
1000-1030	Registration	
1030-1050	Opening address	Prof Mark Brown <i>MBBS, FRACP; Director, Dept of Renal Medicine St George Hosp. Professor of Medicine, UNSW</i>
1050-1140	“Setting the Scene” An introduction to the concept of Renal Supportive Care	Dr Frank Brennan <i>MBBS, FRACP, FACHPM, LLB; Palliative Care Physician</i> Dr Kelly Li, <i>MBBS FRACP</i>
1140-1240	The issues in decision making for patients with ESKD in the commencement of either dialysis or a conservative, non-dialytic pathway	Dr Celine Foote <i>MBBS BSc(Med), FRACP; Research Fellow, Renal & Metabolic Division</i>
1240-1315	Lunch	
1315-1410	Symptom Management in ESKD-Part 1	Dr Frank Brennan
1410-1445	Anxiety and Depression	Dr Kirsty Morris- <i>Psychiatrist, RPA</i>
1445-1515	Advance Care Planning in patients with ESKD	Dr Liz Stallworthy
1515-1545	Indigenous issues	Dr Cherian Sajiv <i>FRACP Renal Physician</i>
1545-1600	Questions and Conclusion	

DAY 2- Sunday 23 August 2015

TIME	PROGRAM OUTLINE	SPEAKER
0850-0900	Welcome	
0900-1030	Canvassing difficult clinical situations: co-facilitated by a Nephrologist and a Palliative Care Consultant <ul style="list-style-type: none"> • <i>What do you do if you recommend against dialysis and the family insists?</i> • <i>Is withdrawal from dialysis euthanasia or suicide?</i> • <i>How do you conduct a discussion on Advance Care Planning and Dialysis withdrawal?</i> 	Dr Frank Brennan Dr Michael Noel Dr Katalin Urban Dr Sara Combs Dr Thang Huynh Prof Mark Brown Dr Liz Stallworthy Dr Helen Healy Dr Su Crail Dr Brian Siva
1030 - 1100	Morning Tea	
1100-1200	The care of the dying patient with ESKD	Dr Katalin Urban <i>MBBS FRACP FRACHPM- Palliative Care Staff Specialist</i>
1200-1300	Questions and conclusion	
1300-1400	Lunch	

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Speaker Biographies

Professor Mark A Brown

Professor Brown is a Renal and Obstetric Medicine Physician at St George Hospital and Professor of Renal Medicine at the University of New South Wales, Sydney Australia. His clinical expertise includes, general nephrology with specific interests in the fields of obstetric medicine, renal palliative care and hypertension, including hypertension in pregnancy. Research domains have centred on scientific and clinical studies concerning hypertension and renal disease in pregnancy and more recently renal supportive care, with publication of several book chapters and over 200 peer review papers. Professor Brown is currently Director of the St George and Sutherland Renal service, Sydney, Australia, and Chairman of the ACI Renal Supportive Care Committee.

Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. Dr Brennan is also a lawyer and has written on the human rights dimensions of pain management and palliative care.

Dr Kelly Li

Dr Li is a dual trainee in nephrology and palliative care with a special interest in renal supportive care. She has trained in several Renal Units in Sydney including St George, and is currently working in palliative care at Concord hospital.

Dr Celine Foote

Dr Celine Foote is a staff specialist at Concord Repatriation General Hospital and a research fellow at The George Institute for Global Health. She is interested in the care of elderly patients with kidney failure particularly with regards to treatment decision making and outcomes with supportive care and dialysis. She is pursuing a mixed methods PhD in this area through the School of Public Health, University of Sydney.

Dr Kirsty Morris

Dr Kirsty Morris is a consultation-liaison psychiatrist at Royal Prince Alfred Hospital. She works with the Department of Renal Medicine, seeing inpatients and outpatients at different stages of illness. Dr Morris also consults to other medical teams, surgical teams and the emergency department. She is a member of the Sydney Local Health District Ethics of Clinical Practice Subcommittee.

Dr Liz Stallworthy

Liz Stallworthy is a Nephrologist in Auckland, New Zealand. She included time in palliative care in her Nephrology training and completed the RACP Clinical Diploma in Palliative Care in 2012. Liz runs a Renal Supportive Care Clinic for patients in the central Auckland region. Liz is also a trained communication skills course facilitator and works for the New Zealand Advance Care Planning Co-operative facilitating their level 2 Advance Care Planning courses nationwide. She is involved in a Nephrology-specific, multi-professional communication skills course currently being piloted in New Zealand. Liz wrote the Advance Care Planning section of the ANZSN position statement on Renal Supportive Care.

Dr Cherian Sajiv

Dr Cherian Sajiv is a renal physician who has been working for more than 10 years with the indigenous patients of Central Australia. His clinical expertise includes general nephrology and

dialysis with specific interests in indigenous renal medicine and interventional nephrology (esp. endovascular techniques). He is currently the Director of Central Australian Renal Services based at the Alice Springs Hospital. He is also the Acting Director of the Northern Territory Renal Services (incorporating Darwin and the Central Australian region) and is an Adjunct Senior Lecturer with the Flinders University. He is involved in a range of collaborative clinical research activities (in indigenous health) with Menzies School of health research in the Central Australian region.

Dr Helen Healy

Dr Helen Healy is a nephrologist and Director, the Kidney Health Service at the Royal Brisbane and Women's Hospital. Her research interests align with her clinical practice in chronic kidney disease. She is a Chief Investigator in the NHMRC Centre of Research Excellence in CKD where she leads the Stream of research in the complex and elderly patient with CKD. She collaborated with others at this Symposium in the ANZSN position statement in Renal Supportive and Palliative Care, published in Nephrology in 2013.

Dr Michael Noel

Dr Susan Crail

Susan Crail trained and worked as a Pharmacist before changing to medicine. Her undergraduate training was at The Royal Free Hospital School of Medicine. Her Renal training was in London and Glasgow and her PhD from the University of Glasgow. She moved to Darwin in 2006 as a consultant. She is involved in the joint Renal-Palliative Care project for indigenous patients. She moved to the Royal Adelaide Hospital in 2010, maintaining an interest in Renal Supportive care and in Indigenous renal disease.

Dr Sara Combs

Sara Combs attended medical school and completed Internal Medicine residency at the University of Washington School of Medicine in Seattle. She then pursued Nephrology fellowship at the University of Colorado in Denver, where she also completed a Master's Degree in Clinical Sciences while researching palliative and end-of-life care issues relevant to Nephrology. Afterwards she returned to Seattle to complete a palliative care fellowship at the University of Washington. In October 2015, she will be joining the faculty at the Denver Veterans Affairs Hospital and University of Colorado School of Medicine in a joint palliative care and nephrology position.

Dr Kat Urban

Dr Urban has been a Palliative Care Specialist since 2012. She developed an interest in the supportive care element of Renal Medicine whilst working with Dr Frank Brennan at Calvary Hospital, and undertook a review of deaths of dialysis patients known to the St George Nephrology Department during this time. This was subsequently published in Progress in Palliative Care. She has worked at Concord Repatriation General Hospital since March 2013, where she has been collaborating with the Nephrology department to set up a Renal Supportive Care service based on the St George model. This consists of a fortnightly clinic which is also attended by the Renal advanced trainee and a CKD CNC, attendance at the weekly Renal MDT meeting, monthly RSC meetings with the Nephrology department as well as links to community support for patients with ESKD. She has been developing guidelines for symptom management as well as Advance Care Planning for CKD patients and is involved in ongoing research in this patient population.