

9th St George Hospital
Renal Supportive Care Symposium

Thursday July 5th and Friday July 6th 2018 at the St George Hospital Auditorium

Thursday-Day 1: Comprehensive Conservative Care for patients with Stage 5 Chronic Kidney Disease

TIME	PROGRAM OUTLINE	SPEAKER
	Thursday 5th July	
0930-1000	Registration	
1000-1010	Welcome, Opening Address & Acknowledgement of Country	Elizabeth Josland Samantha Knight-Gifford AHLO SESLHD
1010-1030	Setting the Scene. The modern era of conservative care	Prof Mark Brown Renal Consultant, Department of Renal Medicine, St George Hospital; Professor of Medicine, UNSW
1030-1100	Shared Decision Making – Initiation and Withdrawal of Dialysis	Dr John Obeid Geriatrician, Fairfield Hospital <i>and</i>
1100-1130		Dr Linda Sheahan Palliative Care Physician and Clinical Bioethicist, St George Hospital
1130-1140	Question Time	
1140-1240	Communication	Dr Amy Waters Palliative Care Physician, St George Hospital Linda Magann Palliative Care CNC, St George Hospital Dr Gowri Raman Palliative Care Physician, Royal North Shore Hospital
1240-1315	Lunch	
1315-1345	Interventions to delay progression of kidney disease and minimize risk of adverse events or complications	A/Prof Ivor Katz Nephrologist, St George Hospital
1345-1415	Health Literacy	Jessica Stevenson Renal Supportive Care Dietitian, St George Hospital
1415-1445	Advance care planning within conservative care	Dr Frank Brennan Palliative Care Physician, St George Hospital
1445-1515	Afternoon Tea – Quick Break	
1515-1600	Cultural and Spiritual domains of care	Mary Ashton Pastoral Care, Calvary Hospital
1600-1630	Interactive Question and Answer session and Conclusion	

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Speaker Biographies

Professor Mark Brown

Professor Brown is a Renal and Obstetric Medicine Physician at St George Hospital and Professor of Renal Medicine at the University of New South Wales, Sydney Australia. His clinical expertise includes, general nephrology with specific interests in the fields of obstetric medicine, renal palliative care and hypertension, including hypertension in pregnancy. Research domains have centred on scientific and clinical studies concerning hypertension and renal disease in pregnancy and more recently renal supportive care, with publication of several book chapters and over 200 peer review papers. Professor Brown is currently the Medical Director, Division of Medicine, St George Hospital, Sydney, Australia, and Chairman of the ACI Renal Supportive Care Committee.

Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. Dr Brennan is also a lawyer and has written on the human rights dimensions of pain management and palliative care.

Jessica Stevenson

Jess is currently working as the Renal Supportive Care Dietitian at St George Hospital. She has worked as a Specialist Renal Dietitian for the past 6 years, both in Australia and in the UK and has experience with patients across all stages of CKD. She has been on the ACI Renal Supportive Care working party since its conception in 2013.

Dr John Obeid

Dr John Obeid is a consultant physician and geriatrician working at Norwest, The Hills Private and Westmead Private Hospitals as well as Fairfield Public Hospital. He completed his undergraduate degree at University of Sydney, with Honours. He was awarded the Fellowship of the Royal Australasian College of Physicians in 1998. His main interests are Parkinson's disease, delirium and medico-legal work. He has served on the Council of the Australian and New Zealand Society for Geriatric Medicine since 2001.

Dr Linda Sheahan

Dr Linda Sheahan is a palliative Care physician, and works as a Staff Specialist at St George Hospital. She also holds a Fellowship in Clinical and Organisational Ethics from the Joint Centre for Bioethics in Toronto, and is the Clinical Ethics Consultant for the South East Sydney Local Health District. She is an affiliated bioethicist with the JCB, and an Honorary Associate with the University of Sydney as a member of the Clinical Ethics Network.

Dr Amy Waters

Amy is a palliative care physician who works at St George, Sutherland and Calvary hospitals in Sydney. After finishing her specialist training, she went on to complete a Master of Medical Education through the University of Sydney. She has a special interest in communication skills training and has had extensive training and experience in this area including facilitating at the Australasian Chapter of Palliative Medicine Communication Skills Workshops for palliative medicine trainees and running communication skills workshops locally at St George as part of the Intern Education program.

Linda Magann

Linda is the Palliative Care CNC at St George Hospital in Sydney. Her background is in Oncology with extensive experience with chemotherapy, radiotherapy and in Gynaecological Oncology. Linda has worked in Palliative Care since 1997 and is passionate about improving outcomes for people with life limiting illness and integrating palliative care into all areas. She has a Masters degree in Palliative Care through Flinders University. Linda teaches regularly at Sydney University and the Australian College of Nursing. She has presented at both National and International conferences and has a special interest in Advance Care Planning and empowering patients to have a say in their future care needs.

Dr Gowri Raman

Dr Raman is a nephrologist currently working as the Renal Supportive Care fellow at Royal North Shore Hospital.

Mary Ashton

Born in New York City, Mary was a teacher who specialised in the area of Learning Difficulties. Mary's first degree was a Bachelor of Arts with a major in Sociology and a minor in Education. Mary also holds a Graduate Certificate in Learning Difficulties from University of NSW. When Mary's brother died in 1995 her focus took a new direction. Mary has a Masters in Counselling and has Graduate Diplomas in both Bereavement Counselling and Children's Bereavement. She is a trained Mediator and has done extensive study in Supervision and Group Facilitation. Mary is the Pastoral Care Manager at Calvary Hospital in Kogarah and is also a group facilitator for bereaved children support groups at The National Centre for Childhood Grief. Mary was honoured by Prime Minister John Howard for her work with bereaved children.

A/Professor Ivor Katz

Prof Katz is a senior staff specialist and nephrologist at St George Hospital Renal Department in Sydney and a Conjoint Associate Professor at the University of UNSW. His research interests and PhD were and remain in public health and chronic kidney disease (CKD). Ivor has a particular interest in detecting people with high risk kidney and cardiovascular disease (CVD) and then linking specialists with primary care clinicians for the management of these diseases. Ivor currently participates on the Primary Care Education Advisory committee for Kidney (PEAK) disease which is part of the Kidney Health Australia initiative to educate primary care clinicians and advise on early detection and management of CKD. I am also a member of the Chronic Disease Integrated Care Group working through the St George Hospital with community organisations and GPs.

Website for presentation downloads once available: <https://stgrenal.org.au/renal-supportive-care>

Renal Supportive Care Symposium

Friday -Day 2: Comprehensive Conservative Care for patients with Stage 5 Chronic Kidney Disease

TIME	PROGRAM OUTLINE <i>Friday 6th July</i>	SPEAKER
0830-0900	Registration	
0900-0910	Welcome, Opening Address & Acknowledgement of Country	Elizabeth Josland Wendy Bunn AHLO SESLHD
0910-1010	Symptom Management- Non-malignant pain	Dr Anica Vasic Pain Medicine Specialist, St George Hospital Dr Peter Langron Anaesthetic / Pain Registrar, St George Hospital
1010 - 1045	Conservative Management and Psychiatric Care	Dr Kirsty Morris Psychiatrist, Royal Prince Alfred Hospital, Sydney
1045-1115	Morning Tea	
1115-1215	Symptom Management	Dr Frank Brennan Palliative Care Physician, St George Hospital
1215-1245	Management of Nutrition Impact Symptoms	Ann-Maree Randall Renal Dietitian, Renal Supportive Care, Nepean Hospital
1245-1315	Lunch	
1315-1415	Interface of RSC, Palliative Care & Geriatrics - A Case Study	Alison Smyth Renal Supportive Care CNC, St George Hospital Dr Aneesha Gill Aged Care Consultant, St George Hospital Joshua Cohen Palliative Care Nurse Practitioner, Calvary Hospital
1415-1445	Care of the dying in end stage kidney disease.	Elizabeth Josland Renal Supportive Care CNC, St George Hospital
1445-1515	Development, Implementation & Evaluation of a Peer Support Group for Renal Supportive Care Patients	Jackie Taylor Renal Supportive Care Social Worker, Concord Hospital
1515-1540	Afternoon Tea	
1540-1620	Comprehensive conservative care does not include dialysis – Q and A panel with audience participation.	Chaired by Dr Frank Brennan *Panel to include nephrologist, nurse, allied health, palliative care
1620-1630	Summation	

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Speaker Biographies

Dr Anica Vasic

Dr Vasic is an anaesthetist and pain management specialist working at St George Hospital. She has an interest in chronic pain syndromes with a neuropathic element. She is also the Director of the Acute Pain Services at St George Hospital.

Dr Peter Langron

Anaesthetic / Pain Registrar in both the Acute and Chronic Pain Services at St George Hospital

Dr Kirsty Morris

Dr Kirsty Morris is a consultation-liaison psychiatrist at Royal Prince Alfred Hospital. She works with the Department of Renal Medicine, seeing inpatients and outpatients at different stages of illness. Dr Morris also consults to other medical teams, surgical teams and the emergency department. She is a member of the Sydney Local Health District Ethics of Clinical Practice Subcommittee.

Ann-Maree Randall

Ann-Maree Randall is currently working as both the Senior Renal Dietitian at Nepean Hospital and Renal Supportive Care Dietitian across Western Renal Services. She has 8 years' experience as an acute care Dietitian in a variety of clinical areas, which has included specialising in renal nutrition during the past four years with experience in working with patients across all stages of CKD.

Dr Aneesha Gill

Dr Aneesha Gill is a Staff Specialist Geriatrician in St George Hospital since 2017. She is a fellow of the Royal Australasian College of Physicians and currently works as a geriatrician with the Geriatric Flying Squad providing care to the nursing home residents in the St George area. Aneesha is currently the Medical Superintendent in St George and Sutherland Hospital contributing to the co-ordination of activity and performance of adult medical trainees across both sites. Aneesha is a member of several committees including SESLHD Aged Care and Rehabilitation Clinical Stream Committee, St George Deteriorating Patients Programs Committee, and St George Access to Care Committee. Aneesha is a conjoint lecturer with the University of New South Wales.

Joshua Cohen

Josh Cohen has been a specialist palliative care nurse for the last decade. During this time Joshua has completed his Master in Palliative Care at Flinders University and recently completed his Master of Nursing, Nurse Practitioner at The University of Sydney. Joshua is currently employed as a palliative care nurse practitioner at Calvary Health Care Kogarah, working in the community with an emphasis and passion for residential aged care setting. Previously, Josh worked at Concord Hospital in Sydney with the hospital palliative care consult team in the role of palliative care clinical nurse consultant. During this time Josh was a part of the international faculty teaching palliative care in Sri Lanka intermittently over three years. Josh is a current committee member of Palliative care Nurses Australia and current Chair of Palliative Aged Care Nurses. Josh is a current Honorary Associate at the Faculty of Health, University of Technology Sydney and a tutor for the Palliative Care distance course and palliative care post graduate course at Flinders University.

Alison Smyth

Alison Smyth commenced renal nursing in 1994 at St George Hospital with a background in haemodialysis. She returned to study and completed her Masters in Clinical Nursing in 2014. Seeing the difficult symptom burden experienced by many renal patients led to an interest in palliative care and to an 11 months secondment with the Palliative Care Consultative team at St George Hospital. This experience prepared her for her current position as Renal Supportive Care CNC at St George Hospital.

Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. Dr Brennan is also a lawyer and has written on the human rights dimensions of pain management and palliative care.

Elizabeth Josland

Elizabeth is a Renal Supportive Care Clinical Nurse Consultant at St George Hospital. She has been involved with the supportive care service since its inception in 2005. Supportive care has been a unique opportunity to combine both palliative and renal to provide non-malignant care for end stage kidney disease clients throughout the trajectory of their illness.

Jackie Taylor

Jackie has worked as a Social Worker for over 20 years in a variety of areas including bereavement, trauma, disability, homelessness and community services. Whilst employed at the Department of Forensic Medicine, she was instrumental in setting up the first bereavement support group for families of people whose deaths had been reported to the Coroner. Since that time she has maintained a professional interest in group work and has facilitated groups for people with intellectual disabilities and also children who have been bereaved. She completed her Master of Counselling qualification in 2016. She currently works at Concord hospital as the Renal Supportive Care Social Worker and the Medical Assessment Unit. She is also on the crisis on-call team as a Sexual Assault Counsellor at RPAH.

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