



Renal Supportive Care Symposium

August 9th 2013 at the St George Hospital Auditorium

TIME	PROGRAM OUTLINE	SPEAKER
0830-0900	Registration	
0900-0920	Opening address	Prof Mark Brown MBBS, FRACP (Director, Department of Renal Medicine, Professor of Medicine, UNSW)
0920-1020	Dialysis in the Elderly	Sarah Derrett and Bronwen McNoe (in lieu of Prof Rob Walker)
How to manage a conservative patient		
1020-1050	End of life care for CKD patients	Linda Magann Palliative Care CNC
1050-1110 Morning tea		
Renal Supportive Care (RSC) in the paediatric setting		
1110-1140	RSC in the Paediatric Setting	A/Prof Stephen Alexander (Paediatrics & Child Health, Children's Hospital, Westmead)
Communication		
1140-1230	Difficult Conversations – Topics may include: how to break bad news, withdrawal of dialysis, not for dialysis	Dr Amy Waters (Palliative Care Physician)
1230-1300 Lunch		
Research: – What's New?		
1300-1400	What's New in 2013 for RSC – National Guidelines	Dr Frank Brennan MBBS, FRACP, FChPM, LLB(Palliative Care Physician)
1400-1430	Pathogenesis and management of Restless Leg Syndrome in ESKD	Dr Frank Brennan
1330-1345	Renal Supportive Care. Nursing experience and perspectives	Elizabeth Josland (Renal Supportive Care CNC)
1445-1500	Abstract: The Impact of Advance Care Planning for Renal Patients	Diane Chaffers. Austin Hospital
1500-1520 Afternoon tea		
Bereavement		
1520-1550	The role of bereavement counselling and memorial services in supporting bereaved carers	Peter Kadwell (Director of Bereavement Services, Calvary Hospital) & Susan Chamie
Psychosocial		
1550-1620	Management of Depression in ESKD	Dr Samuel Harvey (Psychiatrist) MBBS MRCGP MRCPsych PhD
1620-1630	Question time	
1630	Evaluation and close	

Speaker Biographies

Professor Mark A Brown

Professor Brown is a Renal and Obstetric Medicine Physician at St George Hospital and Professor of Renal Medicine at the University of New South Wales, Sydney Australia. His clinical activities include general nephrology with specific interests in the fields of obstetric medicine, renal palliative care, transplantation and hypertension, including hypertension in pregnancy and ambulatory blood pressure monitoring. Research activities have centred on scientific and clinical studies concerning hypertension and renal disease in pregnancy, with publication of several book chapters and over 160 peer review papers. Professor Brown is currently Director of the St George and Sutherland Renal service, Sydney, Australia, and Chairman of the St George Hospital Clinical Advisory Committee.

Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. Dr Brennan is also a lawyer and has written on the human rights dimensions of pain management and palliative care.

Linda Magann

Linda Magann has worked in Palliative Care for many years. She has a Masters Degree in Palliative Care and was instrumental in the development and roll out of the End of Life Pathway at St George Hospital. That pathway has now been rolled out into the residential aged care facilities in this area, allowing aged care patients to die in their own facilities. She teaches at both Sydney University and UTS on communication and improving end of life care.

Elizabeth Josland

Elizabeth Josland is the Renal Supportive Care Clinical Nurse Consultant at St George Hospital. She has been involved with the supportive care service since its inception in 2005. She qualified as an RN in New Zealand before moving to Australia to participate in the palliative care course at Calvary Hospital, then moved into the renal area before gaining a Masters in Public Health. Supportive care has been a unique opportunity to combine both palliative care and renal medicine to provide non malignant care to end stage kidney disease clients throughout the trajectory of their illness.

Dr Amy Waters

Dr Waters is a staff specialist in palliative care working at St George and Sutherland hospitals. She is a co - facilitator for the communication skills workshops run by the Chapter of Palliative Medicine for advanced trainees in palliative care and is also a facilitator for the recently implemented compulsory communication skills training sessions for interns at St George hospital.

Bronwen McNoe

(MPH; Research Fellow, Department of Medicine, University of Otago): Has worked in epidemiological research for over 20 years and is currently managing the longitudinal Dialysis Outcomes in those aged ≥65 years Study which is funded by the Health Research Council of New Zealand. This study, led by Professor Rob Walker, is investigating the quality of life of elderly renal patients with chronic kidney disease.

Dr Sarah Derrett

(DiplCpN MPH PhD; Senior Research Fellow, Department of Preventive and Social Medicine, University of Otago): Nursed in rehabilitation and then mental health. She was New Zealand 2011-12 Commonwealth Fund Harkness Fellow, based at The University of Chicago, undertaking research on care integration. She is a co-investigator on Dialysis Outcomes in those aged ≥65 years Study which uses both quantitative and qualitative research methods.

Peter Kadwell

Peter Kadwell has worked as a counsellor for over 23 years in a variety of contexts. He has managed counselling services for LifeCare Counselling and Family Services and Interrelate Family Centres. Peter is currently Head of Department for Calvary Bereavement Counselling Service. His role has included facilitation of memorial services such as for the Compassionate Friends.

Susan Chamie

Susan Chamie has worked as a bereavement counsellor for the past 18 years. Prior to bereavement services being centralised at Calvary Hospital, Susan was located at St George Hospital. When at SGH, as well as providing bereavement counselling, Susan collaborated with the hospital chaplains in the provision of memorial services. Susan has a good understanding of the benefits of memorial services in supporting the grieving process.

Dr Samuel Harvey

A/Prof Stephen Alexander