

Renal Supportive Care - Psychosocial Dimensions of End-Stage Kidney Disease

Thursday August 10th, 2017

St George Hospital Research and Education Centre Auditorium

TIME	PROGRAM OUTLINE	SPEAKER
0900-0930	Registration	
0930-0935	Welcome & Acknowledgement of Country	<i>Dr Frank Brennan & Hannah Burgess Samantha Knight-Gifford AHLISO SESLHD</i>
0935-0955	Introduction: Overview of the day Survey questions – capturing challenges with ‘successful’ communication	
0955-1020	Discussions with renal Patients & Families around deteriorating renal function	<i>Dr Kelly Li</i>
1020-1055	The experience of a dialysis Patient & Carer; Chaplaincy in the dialysis setting	<i>Peter Finneran & Hannah Burgess, in conversation with Joe Green</i>
1055-1115	The experiences of a non-dialysis Patient	<i>Hannah Burgess, in conversation with Aileen Wardrop</i>
1115-1130	Morning Tea (provided)	
1130-1150	The experiences of a non-dialysis Carer	<i>Dr Frank Brennan, in conversation with Bernie Wardrop</i>
1150-1215	Anxiety and Depression in CKD	<i>Dr Sam Harvey</i>
1215-1250	Cognitive Impairment in ESRD: A. A review of the literature and relevant instruments B. Study of dialysis patients and cognitive impairment	<i>A. Dr Balaji Hiremagalur B. Dr Elaine Kwan</i>
1250-1330	Lunch (provided)	
1330-1415	Advance Care Planning, Role Plays, Discussion & Teaching Points	<i>Anne Meller, Amy Waters, Linda Magann & Dr Kelly Li</i>
1415-1455	Discussions around withdrawing from dialysis – Case studies & Panel	<i>Dr Frank Brennan (Facilitator) and Panel Members: Dr Balaji Hiremagalur, Alison Smyth & Bharati Mehta</i>
1455-1505	Afternoon Break	
1505-1545	Bereavement Best-Practice: Evidence and Communication	<i>Dr Michael Noel & Hannah Burgess</i>
1545-1630	Discussion Panel: Building confidence in communication, workshopping challenges	<i>Dr Amy Waters (Facilitator) and Panel Members: Dr Michael Noel, Linda Magann & Troy Arnold</i>
1630-1635	Concluding Remarks	

<https://stgrenal.org.au/renal-supportive-care>

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Presenter Biographies

Dr Frank Brennan

Dr Frank Brennan is a palliative care physician based at Calvary, St George and Sutherland Hospitals. He has an interest in all aspects of palliative care including care of patients with non-malignant disease. He has written narratives drawn from his work that have been published and broadcast on ABC radio. Dr Brennan is also a lawyer and has written on the human rights dimensions of pain management and palliative care.

Hannah Burgess

Hannah is the Renal Supportive Care Hub Social Worker at St George Hospital, Sydney. Her role provides mentoring and support to other units implementing their own Renal Supportive Care programs. Hannah is a member of the ACI Renal Supportive Care Working Party, the Palliative Care Social Workers of NSW Practice Group, the SESLHD Advance Care Planning Working Group, and co-chairs the Renal Social Workers of NSW Special Interest Group. Hannah is co-author of articles on the Renal Memorial Service, the Scope of Renal Social Workers across Australia, and Informed Consent in the renal context.

Alison Smyth

Alison commenced renal nursing in 1994 at St George Hospital with a background in haemodialysis. After acting in the Renal CNC role, Alison returned to study and completed her Masters in Clinical Nursing in 2014. Seeing the difficult symptom burden experienced by many renal patients led to an interest in palliative care and an 11 month secondment with the Palliative Care Consultative team at St George Hospital. This experience led to her current position as Renal Supportive Care CNC at St George Hospital.

Dr Amy Waters

Palliative Care Physician, STGH

Anne Meller

Anne is a Clinical Nurse Consultant employed by Prince of Wales Hospital in Sydney. Her role is to assist adults and those close to them with Advance Care Planning. She has over 30 years' experience in aged health care from a variety of positions and settings. She holds a Bachelor of Health Science (Nursing), and has completed postgraduate studies in Gerontology, Public Health and Health Administration. She has published several papers in peer reviewed journals.

Dr Balaji Hiremagalur

Nephrologist, Gold Coast Hospital

Bharati Mehta

Bharati is the Renal Supportive Care Hub Social Worker at Nepean Blue Mountains and Western Sydney LHDs. She is a member of the Australian Association of Social Workers. She holds a Master's Degree in Social Work with Research experience and 25 years' clinical experience working in Australia and overseas. Bharati's other clinical specialties include Geriatrics, Disability, Mental Health, Oncology and Medical settings in acute hospitals. Bharati is passionate about improving experiences for Carers as well as Patients. Outside her work, she enjoys teaching Community Languages to children.

Dr Elaine Kwan

Dr Elaine Kwan is a consultation-liaison psychiatrist and works in the Renal Psychiatry Clinic at St George Hospital. She has an interest in cognitive disorders and was awarded a Fellowship from the NSW Institute of Psychiatry to conduct research on cognitive impairment in dialysis patients. Dr Kwan is completing dual Advanced Certificates in Consultation-Liaison Psychiatry and Psychiatry of Old Age.

Dr Kelly Li

Nephrologist and Advance Trainee in Palliative Care, STGH Renal Unit, STGH Dept of Palliative Care and Calvary Hospital

Linda Magann

The Palliative Care CNC at St George Hospital in Sydney, Linda's background is in Oncology with extensive experience in chemotherapy, radiotherapy and Gynaecological Oncology. Linda has worked in Palliative Care since 1997 and is passionate about improving outcomes for people with life limiting illness and integrating palliative care into all areas. She has a Masters degree in Palliative Care through Flinders University. Linda teaches regularly at Sydney University and the Australian College of Nursing. She has presented at both National and International conferences and has a special interest in Advance Care Planning and empowering patients to have a say in their future care needs.

Dr Michael Noel

Michael Noel worked in General Practice for 25 years. He developed an interest in palliative care in the early 1980s and has worked in full-time palliative care practice since 1996. He is now working as a Renal Supportive Care Physician based at Nepean Hospital. When not at work, he and his wife Christine breed and show Australian Lowline cattle and enjoy cruising the beautiful Hawkesbury River.

Peter Finneran

Following his retirement from the world of Printing & Publishing, Peter has been working as a Chaplain for 17 years. He has gained a reputation as the 'Dialysis Chaplain' through his longstanding dedication to the Renal patients of St George Hospital. Peter's work demonstrates to all of us how the lines between the Professional and Spiritual support needs of our patients can be skilfully woven together, and are not mutually exclusive.

Dr Sam Harvey

Psychiatrist, Black Dog Institute. Previously the 'Renal Psychiatrist' at St George Hospital, among other specialties.

Troy Arnold

Troy Arnold is the Renal Supportive Care Hub Social Worker for John Hunter Hospital. His role provides support education and mentorship for RSC SWs and units providing RSC in their areas. Troy's 10 years of experiences in renal sees him experienced across all stages - from Planning Clinic to acute ward work, dialysis and renal supportive care. He also works in Viral Hepatology. Troy is a member of the ACI Renal Supportive Care Working Party and the Renal Social Workers of NSW Special Interest Group. Troy has particular passions in End of Life conversations and Advance Care Planning.